

HEALTH VIEWS

Fall 2013 • Edition 1

A Publication of Riverview Health Centre

FACES at Riverview

- 40 years on the job and no sign of slowing down.
- Extra time for clients all in a day's work.

3



Meet Some Special People

Retirees and long service employees get their day in the sun.

3

SHINE a Light on Values at Riverview



2

Who's Coming & Who's Going?

5

Who Ran?

Riverview runners take part in Manitoba Marathon.

4



Legacy of Love



Terminally ill father gets opportunity to wish happiness to son and bride.

2

Puppy Love

As the Centre's new safety dog, Odin definitely knows a trick or two!

4



2013 Riverview Health Centre Foundation Events: Good EATS, Good GOLF and Good CYCLING

More on the Foundation Pages

- 6 Cycle on Life and Centre Stage Gala Donors
- 7 Two New Board Members: Ralph Fyfe and Joy Cramer Bring Experience and Volunteerism to Riverview
- 2 & 8 In Honour of & In Memory of Donors Keep on Giving
- 7 Riverview Charity Golf Classic Donors



Cycle on Life
Scores a Touchdown!
6

Gala Dinner: Laughter is the Best Medicine

6



Golf, Summer & Riverview

7



Wedding in Worship Centre Offers Legacy of Love for Groom's Father

In usual circumstances, when a man hopes to marry his beloved, he might consider asking her father for permission to propose.

The situation was far from usual for a Winnipeg couple who married earlier this year in Riverview Health Centre's Worship Centre. In their case, the groom's father asked the bride-to-be if she would marry his son.

Groom Ken Palmason was thrilled when Erika Csak said "yes" without a moment's hesitation. Ken's father, Sigmar Palmason, then a patient on

Riverview's Palliative Care Unit, was just as happy. With not long to live, his son's engagement and subsequent whirlwind wedding gave him a special kind of peace: he would have the opportunity to witness Ken's marriage to a beautiful and genuine daughter-in-law before he passed away.

"Dad loved Erika - they had a loving and fun relationship," says Ken. "We knew he wouldn't be with us much longer, and it was important for him to know that I'd be okay after he was gone."

The "proposal" from Sigmar occurred on Thursday, January 10, and it was decided that the wedding would take place three days later at the Worship Centre on Sunday, January 13. In that short time, Ken and Erika managed to contact the Centre's chaplain, schedule the venue, obtain a licence, book a marriage commissioner, buy wedding bands, find two witnesses and, last but not least, figure out what to wear.

With 31 close friends and family attending on short

notice (including a few who were informed the morning of the ceremony), the wedding turned out to be a touching and special ceremony; it celebrated the beginning of a long partnership between Ken and Erika, and it gave a proud father one last chance to honour a son and his bride with a short speech, which he accomplished despite his weakened health.

"It was the most beautiful thing to hear, knowing that his journey was ending while ours was just starting," says Ken.

Sigmar passed away less than three weeks later on February 1, with Ken and Erika by his side. His stay at Riverview had only lasted a couple of months, but the couple was struck by the wonderful care, which they describe as full of dignity and comfort. The availability of the Worship Centre was a godsend for them as well because it provided a sanctuary for one last graceful and meaningful ceremony to share with their beloved patriarch. ●



Ken Palmason and his bride, Erika Csak, on their wedding day at the Worship Centre with Ken's father, Sigmar Palmason.

In Honour of and In Memory of donations

Donations can be made to Riverview Health Centre Foundation as memorial gifts, honorariums, or to commemorate special occasions and important milestones. Gifts listed below were received between October 16, 2012 and July 31, 2013. The names of the individuals being acknowledged through a donation are in bold. Donors' names follow.

IN HONOUR OF

4 East Therapy Staff
Sidney & Sharon
Wolchock

Bunny Anderson
Sheila Davis

Dick Bell
Sheldon & Tannis
Mindell

David Cohen
Sheldon & Tannis
Mindell

Miriam Corne
Sheldon & Tannis
Mindell

Gordon Crigger
Dorothy Telford &
Gordon Crigger

Dave Dzogan
Sandy Dzogan

Wilf Falk
The College of
Dental Hygienists
of Manitoba

Susan Feldman
Sheldon & Tannis
Mindell

Lindy Greenberg
Sheldon & Tannis
Mindell

Terry Kirlin
Scott & Riva McWilliam

Jayver Krahn
Leslie Lawrence

Gerry Lomow
Sheldon & Tannis
Mindell

Kwan Louie
Chun Man Siu

William McMaster
Jean & William
McMaster

Joe Mindell
Dorys & Morris Silver

Sheldon Mindell
Minnie & Dick Bell

Adriana Moreno
Sidney & Sharon
Wolchock

Dorothy Morlock
Dorothy Morlock

Velma Motheral
Constance Thompson

Lorne Smyth
Glen & Cindy Smyth

Gord Southam
Stanley & Sylvia
Eagleton

William Tataryn
Ukrainian Catholic
Brotherhood of
Canada

William Thorne
Beth Dudenhoffer

Shirley Tomchuk
Geraldine & Alfred
Johnson

Mimi Trainor
David Marr

Pamela Wolson
Sheldon & Tannis
Mindell

IN MEMORY OF

Charles Abramson
Marianne Wenger

Verda Andrew
Aileen Macdonald

Jean Anema
Stephen & Jane Anema

Brian Aronovitch
Sheldon & Tannis
Mindell

John Atchison
Anonymous
Ruth & Kenneth Booth
Judith Campbell
Chris & Hazel Goodwin
Gwenneth Nicholson
Brian Steeves

Olga Balzer
Michael Balzer

Verna Bartlett
Barbara Loveridge

David Bates
Bill & Pat Reid

Robert Bernhardt
Steve & Pat Hanner
Heather & Jeff
Koplovich
Anahid Melikian
Jeff Meyers
Arda & Douglas
Thomson

Sergio Bevilacqua
Stefano & Joanne
Bevilacqua

Christine Biluk
Ann Genn
Lillian Gibbings
Lynne Gibbings

Lloyd Bissett
Gary Bissett

Joseph Blanchard
Florence Blanchard

Rudy Blanchet
Peter Attwood

Susan Blicq

Patricia Coleman
Brian & Barbara Crow
Donald Miller
Jean & Ernest
Shewchuk
Garth Simonson
Roy & Edith White

Christiane Blouw
Derek & Laurel Blouw
Max Blouw
Penny & Richard Blouw
Thomas & Martha Blouw

Thelma Boughen
Greg & Margaret
Arason
Lori De Pauw
Frances Litster
Carolyn Ranson
Janice Taylor
Diane Telfer

Adeline Braun
Christine Bone
Elizabeth Wilson

William Broderick
Margaret Broderick

Genevieve Brown
CancerCare Manitoba
Nancy & Matthew Ellis
Karen Fletcher
Beverley Johnston
Kelvin High School Staff
Kathy Lloyd
John Lyons &
Janet Taylor
John & Joanne Macbeth
Marilyn Marshall
Alexandra & Donald
Mathieson
Ross & Jackie McGowan
Reva & Allan Micflikier
Marilyn Morrice
Candace Myers
Allyson Sheedy
Richard & Joyce Taylor

Edward Buchel
William Badger
Pamela Bager
Harry Bibb
Tamara Cipriano
Donna & Jan Dickson
Linda & James Feasby
Susan Gerlach
Bohdan Jaworski
Dawn & Ron Kirbyson
Stephen Kowalski
James & Win McPhee
Gerry Mercier
Wayne McWhairter,
MNP LLP
Patricia & Donald Oster
Vincent Petrachek
Rose Polka
PRA Inc. Staff
Carl & Mary Starodub
Diane & Tom Stefanson
Nicholas Timchishen
Ernest Treichel
GFT members of
U of M Dept. of
Surgery
Frances & George
Van Walleghem
Theresa Weiss

Albert Campbell
Margaret Grolla
Adeline & Edward
Natyna

Esther Carr
Sheldon & Tannis
Mindell

Ron Clubine
Shirley Clubine

Marilyn Colwell
Jerry & Marilyn Brown
Brunswick Steel
Employees of
Brunswick Steel

Hugh Comack
Bob & Barb Sokalski

John Connors
Shirley Connors

Raymond H. Cook
Mary & Craig Fardoe
James & Sharmaine
Miller
Joanne Miller
Edith Summerfeldt

Bonny Cooper
Effie Young

Richard Craig
Sheldon & Tannis
Mindell

Kenneth Cusson
Robert Brennan

Ugo D'Abamo
Karen Webster

John Dagg
David & Cheryl
MacMillan
Annette Steadman

Della Danko
Mary-Lou Nagel
Barry & Gail Veals

Irene Dehod
Jim Dehod

Peter Dembowski
Jennie Gusberty
Angus Marshall
Veronica & Allan
Pronishen
Leona Wiebe

Continued on P8 →

Riverview Staff SHINE a Light on Values

If you could pick five values that, to you, best guide your decisions and actions at work, what would they be? Would your list include accountability? How about equality and harmony? Would you consider creativity and recognition to be highly important? The list of possibilities goes on and on...

Through an initiative called SHINE, employees at Riverview Health Centre recently had the opportunity to take part in this exercise: they were asked to identify five "value" words, from a list of over 60, that describe their highest ideals about what really matters...about the things they stand for. This fall, the SHINE team will unveil the five values most often identified by employees at the Centre.

SHINE stands for "Share, Help, Inspire, Navigate, Excel" and it involves harnessing the energies of all staff to work towards the common good. It came about when two staff members in Health Information and Communication Services (HICS) - Debbie Svaling and Iliia Murray - started talking about getting employees involved at the grass roots level on the topic of personal values.

"We wanted to find a way to make Riverview even better than it already is, and we wanted to do this by getting people to think about their values and how these values can be 'lived' in the workplace," explains Svaling, Manager of HICS. "SHINE is a written, public declaration of intention. SHINE is a complement to our corporate value statement. It is easy to understand and easy to remember."

SHINE got started last fall when Murray and Svaling solicited volunteers for the SHINE team. About 40 rose to the challenge, and these people became the promoters of the project.

"We did not want to use a top down approach - we wanted people to want to assist with the initiative," says Murray, a

health information management professional. "SHINE considers that it is the job of leaders to make better leaders, not to make better followers."

The SHINE team then invited all employees to attend one of 12 short sessions held in the Thomas Sill Auditorium. Participants of the sessions were asked to choose their values and to place their words in a ballot box. "It was an exciting thought to know that we had Riverview's employees' values in that box after each session," says Murray.

The SHINE team is now reviewing all the words to look for themes, and it plans to create a multi-media presentation based on the findings. All employees at Riverview can look forward to seeing that presentation, as well as to the exciting day when the five value words are unveiled. There is also a plan to weave the SHINE concept into new employee orientation so that new staff will have a greater sense of what Riverview is all about. Stay tuned this fall for SHINE's findings! ●



Iliia Murray and Debbie Svaling of Health Information and Communication Services: leading through the SHINE initiative.

Share... Help... Inspire... Navigate... Excel...



Still Loving It After 40 Years at Riverview

Cathy Williams-Stewart

SHIPPER-RECEIVER, MATERIEL MANAGEMENT

In Cathy Williams-Stewart's opinion, Riverview Health Centre is "the place to be." And she should know: she's been a loyal employee of the Centre for the past 40 years.

As someone who has loved her work all that time, it's not surprising that Williams-Stewart hasn't missed many days over the years. However, early in her time here, she got pneumonia and had to call in sick. Her supervisor's response cemented her loyalty to the Centre.

"She came by with groceries and medication - three times!" says Williams-Stewart, who at the time was a recent immigrant from Trinidad and Tobago. "I was so surprised that someone would take care of me like that. I was a single woman with no family in Winnipeg, and I realized I had found a place I could call home. I never forgot that kindness."

Now married with two grown girls - who both work at Riverview - Williams-Stewart still enjoys the camaraderie of her current co-workers and recalls many friendships from the past. She has worked in several different capacities over the years, starting as a nurse's aide in 1973, then moving to other positions, including ward clerk, transportation assistant and rehabilitation assistant.

"I moved around as positions came up so I could accept new challenges," she explains.

Today, she is the Centre's shipper-receiver, a job she does well because of her excellent organizational skills. "Cathy is diligent and particular about her job, and she's a lot of fun, too," says Nancy Steski of Materiel Management, who has known her for 26 years.

"I was a single woman with no family in Winnipeg, and I realized I had found a place I could call home."

Williams-Stewart has given back to the community in many ways. She is an Honourary Life Member of the local CUPE 500, after her many years of leadership with her local unit. She is also the Diversity Vice President with the Manitoba Federation of Labour, a position tasked with bringing the needs of visible minorities to the MFL.

At a grassroots level, she fund raises for numerous causes, including Churchill High School's lunch program, and she has volunteered as a board member and Past President of the South Winnipeg Optimist Club and the St. James Rotary Club. She has lent her assistance to many other organizations, but the list is too long to include in this article!

After 40 years, Riverview Health Centre is still the place to be for Cathy Williams-Stewart. "I love coming to work," she says. "My car just knows where to go." It goes without saying that Riverview is happy to have her. ●



Going "Over and Beyond" Expectations

Merrilynne Bjornson

PHYSIOTHERAPIST, DAY HOSPITAL

Merrilynne Bjornson doesn't do volunteer work. Here is the reason why this conscientious, caring and positive-minded physiotherapist does not fulfill any philanthropic obligations outside of her workday: she decided long ago in her career that any available "extra" hours would be spent with the patients on her case load. To that end, she works considerable overtime - without expecting anything in return - assisting rehabilitation patients at Riverview Health Centre's Day Hospital.

That generous attitude is only one of the many positive traits that helped Bjornson become the recipient of the recent Lori Yaworsky Quality Champion Award. "Merrilynne goes over and beyond Riverview's expectations for providing quality care to our clients," says Carrie Fruehm, Patient Care Manager at the Day Hospital.

"I truly believe that what you put into a job, you'll get out of it."

Fruehm, who was one of Bjornson's nominators, doesn't stop there with her praise. "I would want her as the physiotherapist treating my family members because I see daily the quality of care she provides. She does not take shortcuts, she keeps her word and she has a high ethical standard."

This year, 12 Riverview staff members were nominated (see below) for the Quality Champion Award, which recognizes an employee who provides exemplary on-the-job service, including teamwork, consistency and a positive attitude in their day-to-day work. The award is in memory of Lori Yaworsky, the Support Services Manager who passed away in 2002 after many years of dedicated service.

Bjornson accepted her award at a gala dinner held at the Centre in February. All nominees received accolades and a certificate of appreciation.

"It feels great to be appreciated for the work I do, and I'm thankful to my nominators," says Bjornson. "I truly believe that what you put into a job, you'll get out of it; I have pride in my work and try to bring a smile and a positive attitude to my patients." ●

THE QUALITY CHAMPION NOMINEES

Maureen Anderson PATIENT CARE SERVICES, CD1
Emilie Baldazo PATIENT CARE SERVICES, 4EAST
Karilynn Bowman SUPPORT SERVICES
Merrilynne Bjornson PATIENT CARE SERVICES, DAY HOSPITAL
Nola Brown SUPPORT SERVICES
Chris Edwards PATIENT CARE SERVICES, AB1
Sheree Meyer OCCUPATIONAL HEALTH SERVICES
Nancy Steski MATERIEL MANAGEMENT
Walter Szczepaniak PLANT AND PROPERTY SERVICES
Teresita Tweten PATIENT CARE SERVICES, 3WEST
Danielle Viegas PATIENT CARE SERVICES, 3WEST
Michelle Vien PATIENT CARE SERVICES, 4EAST

Long Service and Retiring Employees

Each year, Riverview Health Centre honours its long service and retiring employees with a recognition ceremony, awards presentation and dinner. Congratulations to the following who, in 2012, reached their milestones.

CONGRATULATIONS, RETIREES!



2012 retirees are (L-R): back row - Carmen Codilan, Patricia Clark, Thelma Podolosky and Marlyn Taylor; front row - Anne Cathcart, Armand Santos and Erlinda Silastre. Also retired in 2012 are Richard Dabrowski, Barbara Hooper, Jane Hyduk, Theresa Larabie, Carroll Maxwell, Ian McKenzie, Roberta Popoff, Patricia Pradel and Lynne Stem.

LONG SERVICE AWARD RECIPIENTS

30 Years of Service

Jim Putz
Robert Haiko
Suzanne MacDuff
Wilfred Sanchez

25 Years of Service

D. Wayne Baker
Crystal Caron
Nigel Chee-A-Tow
Kimberly Glowachuk
Joan Goulbourne
Brenda Kansky
Krystyna Kovaltchouk
Tracey Kushner
Janice Nelson
Carol Parkinson
Letitia Robinson
Nancy Steski
Irene Yamzon
Helen Zielinski
Wieslawa Ziobrowski

20 Years of Service

Gilbert Belanger
Teresita Dizon
Ermilinda Lopez
Ursula Muller
Barbara Rucinska
Anthony Scaletta
Debbie Svaling

15 Years of Service

Merrilynne Bjornson
Zosima Bolos-Garcia
Karilynn Bowman
Hirut Daba
Amelita De Castro
Miriam Escoto
Leonida Garcia
Merlina Garcia
Angele Gavin
Deborah Ginther
Tensae Hagheray
Sandy Hiatt
Eduardo Lameg
Yolanda Limon
Kelly Marks
Jennifer McDougall
Freshteh Mirzanejad
Lonn Overton
Anna Pater
Krystyna Powazka
Icylin Richards
Patrick Seargeant
Saba Seyoum
Pamela Sharda
Suzette Shaver
Jennifer-Ann Sierra
Kimberly Sperber
Rob Stuart
Angela Toews
Lorna Ventura

10 Years of Service

Dawn Barrett
Bonnie Booth
Charito Cepe
Elsa Critchlow
Yolanda Encarnacion
Ruth Geauvreau
Lauren Grey
Leigh Grouette
Jim Hill
Jason Hillier
Josephine Labit
Rosini Mangligot
Julita Mansilla
Josephine Mariano
Dale McTavish
James Millican
Jeff Montgomery
Diane Oliveira
Odette Oliveira
Wilma Pamplona
Stacie Piette
Rosemary Pocantos
Vernie Price
Amanda Schmall
Mark Strople
Kimberly Wiebe



35 Years of Service

Heather Caisley and Jaswinder Singh celebrate 35 years at Riverview. Nola Brown and Darcy Hastman also hit that milestone in 2012.

Odin the Safety Dog Brings Puppy Love to Riverview

For a long time, Neil Armer wanted a dog. Little did he know that when his dream finally came true this summer, he'd be sharing his "best friend" with everyone at Riverview Health Centre.

As the Centre's Safety Coordinator, Armer was always intrigued with Riverview's pet-friendly policy. He started wondering about the feasibility of obtaining a well-trained and good-natured dog that could become the "face of safety" for Riverview.

"I thought if we had a 'safety dog,' people would get to know him and he could become somewhat of a safety mascot," says Armer. He explains that, as well as being a therapy animal that can visit with patients, a safety dog can also be trained in search and rescue.

The idea was well received, and now everyone at the Centre is becoming familiar with Odin, Armer's yellow Labrador Retriever. Odin was purchased from a well-respected breeder in Utah known for providing intelligent, teachable and social Labs with friendly, gentle personalities.

When Armer picked up Odin in early July, the pup was just four months old and had already undergone an intensive puppy-training course. One of Odin's trainers had previously worked with the United States Navy training dolphins. Receiving training from such an expert gave Odin the skills to reliably respond to many commands.

That is just the beginning for this smart and lively puppy. "Labs have a great sense of smell and they can find a trail that's three or

four days old," says Armer, who regularly works on scent training with Odin. "Once trained, these dogs can find a lost person, come back to the trainer, then take the trainer back to the person."

Armer says that, although a Code Yellow (missing person) occurs only rarely, a trained safety dog could become a vital tool in a successful search, especially in the winter. At other times, the dog can be a friendly visitor to brighten the lives of patients and staff alike.

Eventually - after about two years - Odin will be trained and prepared to take his K-9 Provincial Search and Rescue Certification evaluation. If successful, Odin and Armer could be called to assist with search and rescue operations across the province. ●



Neil Armer and Odin: Once trained, a safety dog can find a lost person, come back to the trainer, then take the trainer back to the person.

Challenging the Defenders



There was some feverish competition at the Manitoba Marathon this year! The Riverview Rapids Defenders (RRD), which was the only relay team from the Centre entered in the 2012 Marathon, found themselves neck and neck in the June 16, 2013 event with a newly minted team, The Riverview Rapids Challengers (RRC). Both teams did really well, with the Challengers coming in 82nd and the Defenders 95th in a field of 663 teams in their category. Congratulations to everyone - well done!

Front Row: Carrie Fruehm, RRD, Manager Corporate Allied Health; Jo-Ann Cumming, RRC, Social Worker 2E; Jenna Vandurme-Wiens, RRC, Rec Facilitator 2E; Susanne Boyd, RRC, PT 4W.

Back Row: Neil Armer, RRD, Safety Coordinator, with Odin; Chris Edwards, RRC, Rec Facilitator 3W; Darby Cumming, RRC, Service Partner 2E; Glenn Fruehm, RRD; Daryl Perry, RRD, Chief Medical Officer.

Missing from photo: Ben Plett, RRD, PT, PCH.



RIVERVIEW
HEALTH CENTRE

Board of Directors

Dal McCloy
CHAIR

Jeff Norton
VICE-CHAIR

Shawna Pachal
TREASURER

Gary Timlick
MEMBER-AT-LARGE

Norman R. Kasian
PRESIDENT & CEO

Kevin Bolt

Phillip Cesario

Kim Jasper

Marilyn Kapitany

Darren Klassen

Bob Nyhof

Dr. Ian Smith

Terry Smith

Rod Stephenson

Marnie Strath

Darcy Strutinsky

HEALTH VIEWS is published regularly by Riverview Health Centre to provide information about the Centre's programs, initiatives and activities to both the broader community and to its staff and patients.

Lorna Wenger
EDITOR 204.654.0012

Hugh Walker / Ian Willmer
PHOTOGRAPHY

Norman R. Kasian
PRESIDENT & CEO

Circulation Inquiries
204.478.6271

Publications Mail Agreement No. 40015910
Return Undeliverable Canadian Addresses to:
Riverview Health Centre Foundation,
One Morley Avenue, Winnipeg, MB R3L 2P4

*The Riverview Health Centre's
Ethics Committee Presents:*

5TH ANNUAL ETHICS EDUCATION DAY

Wednesday, October 16, 2013
Thomas Sill Auditorium

Come and join us for an information session
about ethics in the health care setting.

Keynote Speaker
1 p.m. to 2 p.m.

George Webster, nationally recognized health
care ethicist from St. Boniface Hospital.

**Presentation of
Ethics Education DVD (Series 3 of 4)**
2:15 p.m. to 3 p.m.

Written and produced by RHC staff, these in-house videos provide role-play scenarios with follow-up discussion on ways to resolve conflicts regarding care expectations. They talk about how issues arise and what steps to take to ensure ethical solutions are found, with respect for the patient at the forefront of decision making.



INCOMING: Debbie Svaling-Feels Privileged

Debbie Svaling has come a long way in the last 21 years. Back then, she accepted her first job at Riverview Health Centre: a casual position as a health record technician. Today, she is the new Manager of Health Information and Communication Services.

"It's been quite a transition - there's a lot to learn, but I have a capable team," she says.

This new manager is enthusiastic when she talks about her staff members; she says they are exceptional, and she considers it a privilege to work with such good people. "It's a wonderful environment here, and my staff are a great group of people. Many have worked here for years and are committed to Riverview. It is a special place,

and if employees believe that, they will truly be able to make a difference."

Svaling's main focus right now is training the person who is taking over her previous position as Coordinator of Communication Services. Once that is accomplished, she plans to expand her knowledge of the health information side of the department.

"My background and training are in health information management, but my career at Riverview evolved to include more of the communication responsibilities," says Svaling.

She's looking forward to the day-to-day practices of health information. An important part of this service area is being responsive to the needs of the patients, residents and families. As well, the future of health information management includes a movement from paper-based systems to electronic ones, and Svaling foresees working with internal



stakeholders and partners in the industry to coordinate updated systems and practices. ●

OUTGOING: Pat Zaborniak-A People Person

Pat Zaborniak, Riverview Health Centre's recently retired manager of Health Information and Communication Services, covered a lot of ground during her 25-year career at the Centre. When she arrived in 1988, her title was "Medical Records Librarian" and she had a staff of three. When she retired in June, she managed 14 employees and had led a myriad of positive changes that will leave a legacy at Riverview and beyond.

With encouragement from the Centre's medical administration, Zaborniak designed a

new system that heightened communication with referring agencies. The result? Zaborniak's department no longer simply kept medical records but was fully involved in the admitting process, with ties to many of the province's referring agencies.

The department eventually took over Enquiry Services and switchboard operations, so its moniker was changed to "Health Information and Communication Services" to better reflect the breadth of its responsibilities.

Zaborniak found a way to keep the focus on people. She considered her department to be the gateway to the Centre's services, and she trained her staff to be welcoming. "When I started here, I was pleased to discover that the Centre's philosophy

included patient focused care," Zaborniak explains. "But it was only after I started working here that I learned to truly appreciate that patients must come first in a health care setting."

She even gave health information legislation a personal touch. With the advent of the Freedom of Information and Protection of Privacy Act (FIPPA) and the Personal Health Information Act (PHIA) in 1997, she became the Privacy Officer at Riverview Health Centre. "It was an honour to meet all employees to talk about how each one of us can make a difference in the patients' lives," she says. ●

INCOMING: Dela Irwin - High Energy

Describing Dela Irwin as a "high energy kind of person" is an understatement. To illustrate, here's an example from the life of Riverview Health Centre's new Chief Human Resources Officer: when her now-adult children were ages three and five, Irwin went to law school full-time during the day while working full-time hours on evenings and weekends as a legal assistant.

"I'd take the kids to day care on the bus on my way to school, their dad was home in the evenings when I worked, and it all turned out fine," she says.

Life didn't slow down much for Irwin as she juggled work with a busy family life. However, along the way she enjoyed a variety of opportunities that prepared her well for the job at Riverview, which she started in May.

Irwin's background includes practicing both family law and labour law before moving to labour relations and human resources in the health care field.

A recent position was Director of Human Resources for the Interlake Regional Health Authority.

"It was a fabulous job, and I was responsible for many staff over a 26,000 square mile area," she recalls. "I travelled and had to be efficient - it wasn't just walking down the hall for a meeting."

The biggest challenge she faced was when the IRHA merged with the North East Health Association. Irwin and her team didn't know for six months who would stay on and who would lose their jobs. "I had to put on a brave face and try to reassure my staff when I was scared myself."

When the opportunity came up at Riverview, Irwin did not hesitate. So far, she's been busy settling in with what she calls a "great group of HR staff" and a wonderful management team. Her plan



is to expand support to her managers, especially when dealing with challenging issues. ●

OUTGOING: Lynda Juskow - Diverse Background

When Lynda Juskow arrived at Riverview Health Centre in March 2003, it was to fill the position of Chief Human Resources Officer.

That may sound like a fairly straightforward role, but in reality Juskow's managerial responsibilities covered a wide variety of areas in the Centre - Occupational Health, Education Services, Volunteer Services, Spiritual Care, Workplace Safety, the Staffing Office and the Home Care Office - to name a few. As if that weren't enough, she also oversaw all staff events, such as the Long Service Recognition evening.

"Lynda was into every nook and cranny of Riverview," recalls CEO Norman Kasian. "She demonstrated her abilities right from the start and we were fortunate to have her for as long as we did."

Juskow was able to manage her large portfolio because she came equipped with experience in many different areas of health care. She admits, though, that her nursing background was key to her success as a leader at Riverview.

"I worked for 20 years in intensive care, and had several progressive managerial positions in nursing," she explains. "This experience helped me to understand, from an insider's perspective, how different areas of a hospital operate."

She also recognizes that staff in all of her departments contributed to her success. "They are highly skilled, dedicated individuals who continuously provide excellence in service for their field."

As her career progressed, Juskow became interested in human resources, so she went back to school for additional education. In 1991 she landed the job of Director of Human Resources at Concordia Hospital, a position she held until 1998.

But Juskow didn't stop there. In 1998, she began focusing on labour relations. She moved to the

Labour Relations Secretariat - the bargaining arm of the Winnipeg Regional Health Authority. For the next four years she was a negotiator for various health care collective agreements, and she travelled regularly throughout Manitoba.

Considering this diverse background, it's not hard to understand why Kasian continued to give Juskow increasing areas of responsibility. Coupled with her penchant for setting high standards and her collaborative method of leadership, she became known as a fair and compassionate senior executive who was able to expertly balance employees' experiences with the needs of the organization, showing respect for all in the process. ●

2013 Cycle On Life Scores Touchdown

Cyclists in Riverview Health Centre Foundation's 2013 Cycle on Life had an additional reason to participate in the June 9th event: they received the opportunity to rub shoulders (or, should we say, bump fenders) with several alumni members of the Winnipeg Blue Bombers.

Riders could choose either a 24 km or a 70 km route, with a stop-off at the brand new Investors Group Field. Participants were among the first to enjoy a pre-season tour of the new facility, with the alumni players as their guides.

After the ride, everyone rendezvoused back at Riverview Health Centre for a barbecue brunch. In addition to random draws for prizes, riders were awarded \$50 WOW gift certificates for each multiple of \$500 they raised.

The 2013 Cycle on Life attracted the largest number of

participants in its 15-year history, and over \$100,000 was raised for the revitalization of the Centre's two 30-bed units that are dedicated to the care of those with Alzheimer's disease, other forms of dementia and those who display special needs behaviours. ●



Thanks to Our Sponsors!

TITLE SPONSOR

Manitoba Hydro

HELMET SPONSOR

Manitoba Public Insurance

TOUR DE FRIENDS

KGS Group

PEDAL PUSHERS

Caspian Construction Inc

Harris Transport

Hub International Horizon Insurance

KPMG-MSLP

Neil Bardal Funeral Centre

Stantec

Teshmont

Thompson Dorfman Sweatman LLP

Tom Powell Design

CORPORATE SUPPORTERS

Bikewinnipeg.ca

Bridge Drive-In

CAA Manitoba

Olympia Cycle & Ski on St. Mary's

Salisbury House-Red Roof Catering

Winnipeg Blue Bombers



2013 Gala Dinner: Laughter is the Best Medicine

It's been known for a long time that it takes far fewer muscles to laugh than it does to frown. So why not relax, have fun and enjoy a few laughs with friends?

That was the idea behind this year's Centre Stage Gala, hosted by the Riverview Health Centre Foundation. Planners chose the theme "Laughter is the Best Medicine," then built the April 10th event, held at the Winnipeg Convention Centre, around the concept of fun.

Almost 500 Riverview supporters attended to enjoy a gourmet meal served by waiters dressed up as clowns, as well as a laugh-inducing after-dinner show by well-known comedian Derek Edwards. Emcee for the evening was Doug Speirs who, as humour columnist with the Winnipeg Free Press, is no stranger to comedy.

Long-time Riverview supporter George Andrews had the honour of presenting Bob Sokalski with the Friends of Riverview Award. Sokalski is Vice-Chair of the Foundation and a lawyer with Hill Sokalski Walsh Trippier LLP. He is highly deserving of this award, which was created to honour an individual whose commitment to Riverview enriches the lives of the Centre's patients and residents.

Gala guests were able to bid on a variety of desirable silent auction items, and a highlight of the evening was a live auction of three fantastic prizes led by auctioneer Bill Knight.

The Centre Stage Gala netted over \$105,000. These funds will be used to enhance the Centre's Special Care Needs units, which care for those with Alzheimer's disease and other forms of dementia. ●



Thanks to Our Sponsors!

TITLE SPONSOR

Manitoba Hydro

GOLD SPONSORS

Hill Sokalski Walsh Trippier LLP

P.M. Associates

The Paul Abrechtsen Foundation Inc.

WINE SPONSOR

Manitoba Liquor & Lotteries

CORPORATE TABLES

Aikins MacAulay & Thorvaldson LLP

All Seniors Care Living Centres

APTIN

CIBC Wood Gundy

Direct Focus

Hobbs & Associates

Johnston Group

KPMG-MSLP

Manitoba Blue Cross

Manitoba Public Insurance

Mansfield Construction

MNP LLP

Monarch Industries Ltd.

Never Alone Foundation

North/South Consultants

Pitblado LLP

Qualico Developments (Winnipeg) Ltd.

RBC Royal Bank and Dominion Securities

River Park Flooring

Riverview Health Centre

SMS Engineering Ltd.

Bob Sokalski

Stantec Consulting Ltd.

The Keg

Tom Powell Design Studio

Winnipeg Convention Centre

Winnipeg Building & Decorating Ltd.

Winnipeg Regional Health Authority



Meet Two New Board Members Foundation Attracts Qualified, Caring Community Leaders



Ralph Fyfe has known about the work of the Riverview Health Centre Foundation Board for ages. His neighbour, Bob Sokalski, is a long-time Board Member and current Vice-Chair. He's been hounding Fyfe for years to come "on board." Fyfe was intrigued but, up until a year ago, simply

didn't have time in his busy schedule. Luckily for the Foundation, that schedule recently eased up a bit, and the Realtor® from St. Vital agreed to join Sokalski and his colleagues as a Foundation Board Member.

"I've been a Realtor® for 35 years, and I've always been involved in industry-related volunteer work," says Fyfe, who works at Century 21 Bachman & Associates. Over his years in the business, his altruistic spirit landed him in numerous roles, such as President of WinnipegREALTORS, President of the Manitoba Real Estate Association and Manitoba Regional Director of the Canadian Real Estate Association.

In addition to all of this, he has served as a volunteer with other organizations, including the Canadian Red Cross and the Kiwanis Club. "I was raised in a family that believes we all have a social responsibility to give back, and I enjoy taking on these commitments," says Fyfe.

Now it is Riverview Health Centre's turn to benefit from Fyfe's generosity and knowledge. He has decided to start a new chapter so he can be active in other organizations. This time, when Bob Sokalski came calling, Fyfe was ready to say "yes."

"I think the strengths of a board include the experience of the board members and their willingness to contribute," he says. "I have completed my other commitments and am now ready to focus on Riverview."

For Joy Cramer, supporting Riverview Health Centre is a family affair. The Riverview Health Centre Foundation Board Member convinced her 12-year-old son, Jacob, to participate with her in the 2013 Cycle on Life held in June. Jacob took the job seriously: he not only completed the 70-km route with his mother, but he raised \$2,500 for the Centre.




It's not surprising that Cramer would pass on her altruistic spirit to her child. Currently in her second term on the Board, she has proven herself to be a leader of volunteers by chairing the Centre Stage Gala committee for two years.

Cramer takes volunteering and her role as Board Member seriously. She is a graduate of the Directors Education Program offered through the Institute of Corporate Directors in Toronto. "This program provides insight into the workings of a board and helps participants become familiar with board governance," she says.

Professionally, Cramer has long been involved in the area of community housing and is currently the Deputy Minister of Housing and Community Development for the Province of Manitoba. She has served on many related committees, such as the Poverty Reduction Council and the Co-operative Loans and Loans Guarantee Board.

Concern for her fellow Manitobans is a common thread in her experiences, so it was almost second nature for her to accept the Foundation Board position, on the recommendation of Bob Sokalski, the Board's Vice-Chair.

"I was familiar with Riverview as I had toured the Palliative Care unit when my mother was ill with cancer," she says. "I was impressed with the respectful, caring attitudes of the staff, so it was not hard to say 'yes' to Bob."



Board of Directors

- R.B. (Bob) Brennan**
FCA, CHAIR
- Bob Sokalski**
VICE-CHAIR
- Heather Wilson**
TREASURER
- David Baker**
- Rudy Boivin**
- Arthur Chipman**
- Joy Cramer**
- Martin Fisher**
- Ralph Fyfe**
- Derek Innis**
- Norman R. Kasian**
- Garry Mattin**
- Rod Stephenson**
- Greg Thompson**
- Greg Ward**

Golf, Summer & Riverview: Three Things that Go Well Together

A hot summer day greeted 160 participants in the 11th Annual Riverview Charity Golf Classic held at Glendale Golf and Country Club on August 20. This special event got its start in 2003 when Frank Wade and Vince Boschman, both of RBC Dominion Securities, decided to raise money to support Riverview. Everyone enjoyed an afternoon of lunch, golf and snacks on the course, followed by dinner. Thanks to all participants and to our sponsors, the event netted \$55,000 to help fund enhancements to the Centre's Alzheimer's, dementia and special behavioural needs units.

For information on next year's event, contact Jon Ljungberg: 204-478-6220 or email Jon at jljungberg@rhc.mb.ca.



Hosts Vince Boschman (L) and Frank Wade (R).

THANKS TO THE 2013 SPONSORS

TITLE SPONSOR

Susan's MS Research Fund

PRIZE SPONSOR

Hill Sokalski Walsh Trippier LLP

CART SPONSOR

Lorne Weiss Century 21 Bachman & Associates

MEAL SPONSOR

WOW Hospitality Concepts

WINE SPONSOR

Peller Estates

HOLE-IN-ONE SPONSOR

RBC Bank

GRANT SPONSOR

RBC Dominion Securities/
RBC Foundation

19TH HOLE MARTINI SPONSOR

PMA Liquors

YES! I/WE WANT TO SUPPORT RIVERVIEW HEALTH CENTRE

My/Our gift to the Foundation is: \$125 \$100 \$50 \$35 \$

I/We enclose a cheque payable to: Riverview Health Centre Foundation, 1 Morley Ave., Winnipeg, MB R3L 2P4

I/We prefer to pay by credit card: Visa Mastercard

Card # _____ Exp. Date: _____ 3 digit security # (back of card): _____

Signature: _____

Mr. Mrs. Miss Ms Dr. Name(s): _____

Address: _____ Postal Code: _____ Telephone: _____

Email: _____ I/We would like to learn more about Planned Giving.

CLICK ON THIS LINK TO DONATE ON-LINE: www.rhcf.mb.ca

Tax receipts will be issued for donations of \$10 or more. Charitable Registration # 11893 7853



Thanks for
your support!



In Honour of and In Memory of donations *Continued from Page 2*

Gifts listed below were received between Oct. 16, 2012 and July 31, 2013. The names of the individuals being acknowledged through a donation are in bold. Donors' names follow.

Joyce Devisser
Piston Ring Service

Jan Devries
Ronalda & Karl Hasse

David Dewar
Garth Tanswell

Michael Dineen
Lindsay Dineen

Evelyn Downes
Judy Greba

Drew Duff
Howie Gilmore

Margaret Duff
Denis Beausoleil, Rickey Thomas & Terry Kuehn
Judy Berezay
Friends at CCA & FA
Joy Cooper & Martin Reed
Kim Drewry
Mary Elizabeth Duff
Judy & Leonard Essay
Ralph Gardewine
Irene Giesbrecht
Shirley & Thomas Hardy
Annette Henson
Gerry Holden
Diane Jones
Brenda Kalmbach
David Lee
Lynn & Guy Mainville
Connie Matthes
Timothy & Pat Nosworthy
Joanne Rempel
Sandy Rosenberg
Ronald Toews

Joseph Dennis Duggan
Charlotte Duggan

Hilaire Durand
Arlette & Denis Roy

Mary Ediger
David & Barbara Ediger

Stephanie Eggert
Helen Kucharchuk

Jannetje Eyer
Antonia Betle
Clara & Herman de Vries
Continuing Care Branch
Colleagues
Don & Pat Knudsen
Gerhard & Janny Kunkel
Keith Levin
Dana & John Littlewood
Michel Monnin
Janice Naccarato
Catherine Schott
Lorraine Slama
Linda & Gary Smyrski
Shirley Weinstein

Betty Fairbanks
Laura Blackhall

Bertha Feldman
Rose & Joe Mindell

Frank Fiorentino
Vince & Andrea Audino

Robert Fitzpatrick
Bob Sokalski

Charles Fudyk
Aileen & Stan Brunn
Celero Solutions
Joan Effra
Helen Gobeil
Helen Komher
Linda Lifshen
Mae Morgan
Trudene & Allan Podruchny
Stephanie Price
Gordon Silk
Maurice & Verna Smelski
Richard B. Smelski
Sylvia & Gary Wagner

Harvey Fyke
Margaret Fyke

David Garroni
Aynsley & Jorg Klinger

Wilhelm Gerullis
MaryLynne & Donald Barnsley
Janet Irwin
Roswitha & Lukas Paul
Mary & Bill Tomlinson

Isabelle Giacomini
Rita Serbin & Steve Holborn

Sandra Gibson
Natalie Denesovych

Edna Giesbrecht
Margaret Friesen
April Kalyniuk
Marion & Garry Robinson

Murray Gillespie
Martha & Rick Klimack

Freda Gillman
Sheldon & Tannis Mindell

Dianne Goebel
Herbert Goebel

Sam Gordon
Sheldon & Tannis Mindell

James Graham
Nancy Mullin
Marcia Payea
Gail & David Reid
Margie & Norman Woodcock

Dorothy Grocott
Barbara Kern

Edna Guenther
Shirley Derksen
Herb & Pat Doering
Donwood West Residents Assoc.
Shirley Guenther
Janice Hamm
Cliff & Mabel Liebrecht
Shirley Newman
Joe & Lorraine Stefanec
Aileen Tycholis

Norbert Guertin
Linda Brown

Betty Guntner
Rhoda & Jae Eadie

Douglas Haarsma
Sylvia & Melvin Nester

Valerie Hacko
Mary Ann Doucette

Ruby Hannah
Maria Thiesen

Harry Held
Lora Harwood & Richard Held

Eleanor Heminger
Shirley Hill

William Henderson
David Froese

David Henry
Laurie & Wayne Bracken
Carmen Edwards
Kenda Johnston
Lynn Laurier
Philip Mager
Lyle Pogue
The Great-West Life Assurance Company
Kris Warkentin
Elizabeth Wilson

Kathleen Henson
Evelyn Batenchuk
Linda Black
Heather & Richard Boroski
Pierrette & Robert Boroski
Raymond Henson
Suzanne Macduff
Rose Podruski

Lynda Henson
Calla-May & Gregory Lofvendahl

Jack Hicks
Beverlee Hicks
Ruth Hicks
Shellee Watt

Pamela Hill
Shannon Miller
Doris Nelson
Royal School Staff

Richard Klym
CUPE Local 4588
Winnipeg Technical College

Louise Kohlmeier
Roberta Grant
Bernice Higgins
Margaret & Roger Horton
Marion & Bill Irwin
Barrie & Marlene Kirkhope
Ernest & Gail Kurbis
Lois Malkoske
George & Ilse Meub
Bernice Owen
Adelene & Albert Schultz
Faye & John Schultz
Joan & Gerard Tardi

Frances Kolaski
Margaret Jean Barbour
Donna Ferris
Geraldine Martin
Marianne & Blaine Troup

Walthin Kolberg
Jerry & Rose Anderson
Delwin Bergman
Maureen & Wayne Bochinski
William Bochinski
Robert & Verla Cleland
Don & Wilma Collins
Orest & Tannis Derkach
Elfie Doern
Rudy & Diane Dyck
Debbie Engelland
Gayle Frame
Marilyn & Sheldon Gilchrist
Phyllis Gillis
Carol & Eric Johnson
Diane Johnston
Debbie & Raphael Masi
Dallas & Cheryl Thorsteinson
James & Diane Weiss
Eugene & Helga Zinko

Josephine Kozar
Lorraine Behrendt
Verne & Judy Kozar
Adeline & John Lauder
Adriana Villa

Aleksander Kruczynski
Heidi Anders
Florence Bell
Stuart Charles
Cupe Local 1063
Kwame Darko-Mensah
Daniel Gandza
Norbert & Maria Janhsen
Mychaylo Rohatynsky
Grant Slater
WCB Finance Dept. Staff
Tannis Tindall
Joanna Tyrna

William Kullman
Joan Kullman

Joyce Kurceba
Alexander Kurceba

Curtis Kustra
Gertrude Greengrass

Jean Kuzenko
Debra Colley
Nancy & Richard Ito
Catherine & Robert Laye
Joan Rempel

Florence LaRoque
Laurane Simpson

Fernand Laurencelle
Louis Le Moing

Leonard Leclerc
Gertrude Greengrass

Mary Lees
Clara Maxwell

Hugo Lepe
Thecla & Orlando Athayde
Sara Lepe
Jeff Lesany
Pedro Miranda
Province of Manitoba

Olga Lewicki
Joan & Bernie Atamanchuk
Gordon De Wolfe
Beverley Harbour
Virginia Lockett
Patricia Repa
Shaughnessy Park Social Committee
Judith Vielgut

Beverley Linklater
Pauline Peto
Theodore & Elizabeth Simonson

Jack Lipsey
Helen Lipsey

Glen Loveridge
James & Marlene Machnicki

Eva Lubig
Alfred Lubig

Leo Marsh
Lorraine Cook

Doreen Marshall
Harold Marshall

Violet Martens
Courtney Klapwijk

Robert Martin
Gina Anderson
Jeannette Gollitz
Vicky & Jack McTaggart
Irene Pinch

Milton Matheson
Eulah Matheson

Anthony Maunder
Rita Maunder

David McCullough
Marilyn Burke
Dr. M. Mina Medical Corporation
Gerard & Cora Duffy
Lindsay Duval
Caroline & Bob Ferguson
Dr. Larry Fishman
Janette Hattton
Arlene & Itzy Omsen
Leslie Sarchuk
David & Elaine Sharpe
Donald & Deanna Trueman
University Medical Group
Christa Walkden

Stephen McDonagh
Sheila McDonagh

Edith McDowell
Kara Neustaedter

Pauline McFarlane
Winnipeg Convention Centre

Doreen McGuff
Cheryl & Tom Prendergast

Robert McKee
Hannie Dandenault
Donna Samways
Stephen Stock

John M. McKenzie
Norma McKenzie

Donald T. McKinnon
Donald & Lesley Baizley
Faren & Keevin Bernstein
Gayle Bueckert
Hennie & Richard Corrin
Celia Gorlick & Paul Leinburd
Kerrie Halprin & Richard Leipsic
Barbara Hamilton
Leilani Kagan
Fay-Lynn & Philip Katz
MacGregor Elementary School
Dorothy McKinnon
Michel Monnin
Lesley Nichol
Doreen & Roland Rivalin
Betty Rogers
Marta Smith
Muriel Smith
Marlene Stern
Deborah Thompson
Donald Wardrop
Terra Welsh
Dorothy Young

Helen Melmoth
Carole Brown

Paolo Menei
Dominico Bevacqua
John Casarin
Claire Muir

Bernard Miller
Frances Miller

Rose Mindell
Laya Braemer
Robert Brennan
David & Maureen Cohen
Michael & Wendy Erlanger
Carla & Ken Goldstein
Irv Greenberg
Kerrie Halprin & Richard Leipsic
Helen Kahane
Jeff Norton & Sandra Kliman
Marsha Schwartzman
Betty Ann & Sam Searle
Cathy Starr, Renee Billauer & Jon Ljungberg
Joanne & Greg Ward
Roberta Weiss

Ronald Morgan
Nora Berrault
Dorothy Engstrom

Jean Morris
Barb Clarke

Eileen Morrison
Leonard & Diane Anderson
Jean & Fred Barratt
Hilary Brownscombe
Marie Charlesworth
Marusia & Bob Foster
Derek & Kathleen Gunter
Evelyn & Allan Jacks
Barbara Main
Elsbeth Maurer
Sybille & Frank Nesslinger
Pauline Peto
Frances & Lawrence Pollard
Bill & Pat Reid
Jean Rennie
Annette Steadman
Jane Stewart
Robert & Edythe Strachan
Denyse & Douglas Whalley
Barbara & Gordon Wicks
Marie Wilson

David M. Moscovitch
Jerry & Gloria Moscovitch

Dale E. Neish
Melody Hallson

Ursula Oldenburg-Delfing
Theresa & Werner Birkholz
Trudy Darichuk
Mona & Allan Devisser
Connie & Rudolf Folger
Janice Frykas
Lorenz & Brunhilde Gabriel
German Choir of Winnipeg
Wilma Hartmann
M. Hillius
Marianne & Alfred Jaeger
Stephen & Gertrude Keicher
Ursula & John Kelemen
Lissy Kuncze
Trudy & Mark Matz
Hart Oldenburg
Heidi Schmidt
Ruth Schuppel
Frank Strauss
Marguertie Szymesko
Olga Wiebe
Leon & Margit Wittmaier

Mary Pallett
Bruno & Lorraine Sledzinski

Laura Paluk
Elmer Babiuk
Patricia Carmichael
Penny Lee Mathews
Beverley & Alex Nanka
Jean Speirs

Zoe Parsons
Donald & Lesley Baizley
Clifford & Lorraine Pockett
Gail & Mark Young

Frances Pearson
John & Jane Pearson

Bernice Pinch
Irene Pinch

Alison Podwysocki
Janet & Sam Fujii

John Poff
Marsha Birnie
June Donnelly
Linda Flood
Dave Hudson & Bonnie Lovelace
Kerry & Garry Montgomery
Jane & Ken Nichols
Evelyn Parkhurst
Ken & Brenda Phernambucca

Raymond Poitras
Ervin Petkau
Judy Poitras
Ray Poitras Golf Day
Maurice & Dolores Romaniuk

Phyllis Pomozybida
Albina Moran & Richard Adams

Ann Popowich
Mike Popowich

Carole Powell
Calvin Gogal
Christian Isford
Gisele Isford
Valerie Mlynarovich

Valija Preimanis
George & Dolores Jandavs

Molly Pressman
Sheldon & Tannis Mindell

Arthur J. Radstrom
Ingrid & Jerry Granberg

Laurie Ready-Drinkle
Normalynn Bonnett
Anna Forster
Alan & Carla Hare
Rosy Infantino
William Kraayeveld
Sharon Ophof
Betty Signorile
Anna Sipinski

Marie Richardson
Louise Miron

Joseph Rissin
The Barton, Corr & Kelly Families
Renee Billauer, Andrea Levy & Sandy Rubinfeld
Faye & Bill Brownstone
Shirley & Dave Chochinov
Edward Cutbill
Harry & Barbara Kaplan
Zena Minuk
Susan & Tom Robson
Betty Ann & Sam Searle
Esther Slater
Debra & Norm Yusim

Catherine Robson
Dorothy Corkish
Ina & Ron Light
John Robson

Marguerite Ross
James & Joyce Ross

Irene Rusinowicz
Helen Rusinowicz

Dorothy Sangster
Elspeth Sangster

Noreen A. Sherman
Joyce & Paul Namaka

Marion Silverman
Sheldon & Tannis Mindell

Jean L. Simons
Joyce & Douglas Buffie
Juanita Coates
Mary E. Holley
Shawn Martin
Heather Maté-Saunders
Jan and Rhonda Simons

Marge Skrumeda
Cathy Skrumeda & Lyndon Miller

Bernice Sleeva
Janice Dobson

Margaret J. Smith
Doreen Amos
Dolores & Maurice Belot
Frank & Verna Leslie
Sandra Miller
Judith & Thomas Stratford

Frederick Smoke
Bob & Barb Sokalski

Harold Standing
Bernice Cook
Marilyn & William Karlberg
Rosemary Latourelle
Donald & Mary Reimer
Coralie Standing
Brian Yamashita

John Stewart
Judith McDonald

Richard G. Stokes
Kimberley Gray

Mary Sturchuk
Mildred Ruml

Maude Tait
Sally Brosnyak

Silas Edwin Taylor
Susan Taylor

Gordon Thompson
Charleen Baldwin
Lea Baldwin
Vince & Cathi Cerasani
James Hicks
Ken & Brenda Leach
Violet & Lloyd Rumsey
Margaret Sigurdson
Donald Stott
Perry Trogi
Shirley Van Den Bosch

Betty Lila Tomlinson
Clinton Colquhoun

Elizabeth Van Der Graff
Maris Smith

Rosemary Vanginkel
Linda Coniglio

Herb Verwymeren
Corrie Verwymeren
Paul & Trish Verwymeren

Joe Vielgut
Kirsten & Haney Louka
Judith Vielgut

John Watson
Jean & Fred Barratt
Muriel & Walter Bushuk
Elizabeth & Mike Cooper
Margaret Davidge
Bev & Ken Donaldson
Bernard Dronzek
John Ferguson
Shirley Galler
Elaine Haas
Jean & Ross Hanks
Robin Hawthorne
Peter & Eileen Hildebrand
Michael Hogan
Joe & Gail Jarema
Amy Kojima
Doreen Langdon
Ashley Langridge
Christine & Blaine Lewis
Marion & Jack McKay
Margie Murdoch
Doreen Olson
Joan Olund
Hedi Paolillo
Diane & Fred Parkinson
Basil & Mary Parsons
Roberta & Frank Richardson
Kelly Schlamb
Marjorie & David Scott
Elizabeth Watson
Gwen Webb

Fred Wenger
Anita Peter

Erika Werbowesky
Liane Patterson & Mark Queen

William Weselake
Marcella Weselake

Vic Wiens
Allan Brunsel
Arthur Wiens

Linda Will
Beverly J. Baker
Carol & William Belsham
Pat Dumont
Lenore & Earle Floyde
Jean Gibb
Vilma Johnson
Theodor & Veronika Melanchuk
Derek & Dorothy Read
Glenn & Kathy Ritchie
Beverly & Larry Shaw
Kimberly Stoop
Gloria Waldron
Dennis & Steffie Wawrykow

L.P. Williams
Kenneth & Katharina Krebs

Donald Wittman
Kristen Wittman & Wayne Tefs

Ulrich Woelcke
Rosmarie Woelcke

Herman Wojcikowski
Thomas Wojcikowski & Brenda Sigurdson

Vicki M. Woloschuk
Helen & Stephen Woloschuk

Ken Wong
Ming Yee Wong

David Wright
Joan Borton
City of Mississauga - Mayor, Council Members & Transportation and Works Staff
June Partridge

Peter Wrublowsky
Dora Carvalho
Eugene & Sandra Craig
CUPE Local 3473
Helene & John Degeus
Doreen & Brent Dixon
Janice & Richard Hetherington
Deanne & Tom Irwin
Robert & Eva Keith
Louis Riel School Division
Dorothy & James McFeetors
Derek & Wendy McLean
Timothy & Pat Nosworthy
Jack & Jackie Scott
Orest Sedun
Hugh & Susan Taylor
John & Muriel Wilkinson

Kiyo Yamada
Gail Cumming
Heli Dedi
Susan Edmondson
Cecilia Finck
Berit & Ron Hack
Steve & Pat Hanner
Richard Howes
Victor & Cheryl Husak
K. Kakumasu
Norman Kasian
Karla Kasunic
Lois Keir
Marilyn & Rick Klimczak
Terumi Kuwada
S.D. Litzenger
Manitoba Japanese Canadian Citizens Association
Brian & Irene Mitani
Florence Mitani
Marcia Moffat
Judy Moon
Marlene Mori
Nancy & Ken Nishibata
Marge Oike
Stan Osaka
Emy & Karen Ozamoto
Margaret Quance
Harry Rosenbaum
Cindy Sakiyama
Lynn & Cliff Saunders
Jon & Marilyn Seguire
Debbie Werboweski
Pamela Wright
Fumio Yamada
Karen Yamada
Pat Yamada & Peri Venkatesh
Ruth Ziemski

SMILE FOR THE DAY

A little old lady sold pretzels on a street corner for 25¢ each. Every day a young man would leave his office building at lunch time. As he passed her pretzel stand, he would leave her a quarter, but he would never take a pretzel.

This went on for a few years. The two of them never spoke.

One day, as the man passed the old lady's pretzel stand and left his quarter as usual, the pretzel woman spoke to him:

“Sir, I appreciate your business. You are a good customer, but I have to tell you that the pretzel price has increased to 35¢.”

Now it is your turn to make the Foundation smile. Please take the time today to donate to the Riverview Health Centre Foundation.



Please fill out the form on the reverse and mail in the enclosed envelope or click on this link to give on-line:

www.rhcf.mb.ca

THANK YOU!

