Riverview Major Sponsor of Stroke Conference

For the second year in a row, Riverview Health Centre partnered with the Heart and Stroke Foundation of Manitoba to be a major sponsor of a national conference focused on stroke rehabilitation.

The 2nd National Stroke Rehabilitation Conference took place at the Winnipeg Convention Centre on September 18-19 and featured 27 national and international speakers who shared their knowledge around the conference theme: What’s new in stroke rehabilitation.

Over 300 health professionals working in the area of stroke rehabilitation learned more about the latest in such areas as technological aids, stroke rehabilitation, nutrition in stroke and post-stroke management of such issues as depression, driving and community reintegration.

Norman Kasiun, Riverview’s President and CEO, says it was a natural fit to sponsor the conference. “We have a renowned stroke program. We wanted to be a major sponsor of a national conference focused on stroke rehabilitation.”

Riverview has a solid reputation for the care it provides on its 30-bed Neurology Rehabilitation Program unit, where the health care team provides intensive, active rehabilitation strategies, typically for six to eight weeks, readying patients for discharge back to the community.

At the conference, allied health staff from Riverview (clinicians other than nursing staff, such as physiotherapists, speech-language pathologists and occupational therapists) hosted a display intended to showcase both the facility and its programs, particularly the stroke rehabilitation program. Brochures were also available giving more information about the program, and staff answered questions and networked with clinicians from other provinces and facilities, says Shirley Ladd, Manager of Corporate Allied Health Services at Riverview.

Ladd said the calibre of speakers at the conference was a good indication Winnipeg is a centre of excellence for stroke rehabilitation, and that Riverview is front and centre with its programs.

Debbie Brown, CEO of the Heart and Stroke Foundation of Manitoba, and Dr. Robert Teasell, a professor and Chair-Chief, Department of Physical Medicine and Rehabilitation at the University of Western Ontario, co-chaired the conference. In their welcome, they noted that every 10 minutes someone in Canada has a stroke, and over 300,000 people are living with its effects. By bringing together experts in the field of stroke rehabilitation and front line workers, health institutions and agencies will be able to provide an optimal continuum of stroke care to people in Canada.

Research “Meet & Greet” Lets Participants Share Information

The spotlight was on research at Riverview when a Research Meet and Greet reception was held at the Centre on June 18.

The event brought together research affiliates – people from academic settings and other health care institutions – and members of Riverview Health Centre’s Manager’s Forum, as well as professional leaders from the various health care sectors at the Centre. A bout 40 folks mingled and talked “research” during the reception, held in the Thomas Sill Auditorium.

“It has been very popular. It’s fun and everyone enjoys it.” Recently, the Foundation added additional controllers for the system, thanks to funding from the Foundation.

In fact, the Foundation responded to the original proposal by providing a Wii not only to CD4, but to every unit in Centre, including the Day Hospital and the Rendevous Club. The Manitoba Hydro Employees’ Charitable Donations Committee also contributed to the project.

In total, 14 Wii gaming systems were purchased, along with a selection of games, including Wii Sports, Wii Play and Carnival. “We’re on the buddy system,” explains Wiebe. “We share and exchange games between units. As long as they keep coming out with new games, the possibilities are endless.”
Collaborative Patient-Centred Practice Focus of Study

A study that brought students from different health care disciplines together so they could learn about collaborative patient-centred practice has concluded at Riverview Health Centre.

For nearly three years, Riverview, in partnership with the University of Manitoba, participated in a national Health Canada-funded initiative called Interprofessional Education for Collaborative Patient-Centred Practice. In total, Health Canada invested $23 million in 20 projects across the country designed to advance this concept.

Collaborative patient-centred practice promotes the active participation of multiple health care disciplines and professions in clinical decision-making. It also fosters respect for the contributions of all providers. Through this practice, there can be improvements in a number of areas, such as patient care and safety, patient satisfaction, access to health care, recruitment and retention of health care providers and communication.

The Riverview study is now complete, reports lead investigator Dr. Ruby Grymonpre, a professor in the Faculty of Pharmacy at the University of Manitoba. Playing a role in the overall project were: 48 clinical team members; 32 students from medicine, nursing, pharmacy, occupational therapy and physical therapy; seven academics; and one PhD student.

Learning to Work Effectively as a Team

Students from the five disciplines participating in the study didn’t just focus on their clinical skills when they came to Riverview for their practicums. They also spent time in groups learning with, from and about each other so that when they become licensed practitioners, they will have the necessary knowledge and training to work effectively as a team in a collaborative patient-centred practice.

Grymonpre says that, traditionally, academics participate in knowledge dissemination with other academics through presenting at conferences or perhaps publishing a paper, without involving decision makers. While she did share her findings by the traditional methods, knowledge translation also happened in other ways. "We went out on a frequent basis and talked to the university administration, the Winnipeg Regional Health Authority, the University of Manitoba Interprofessional Education Initiative. Consequently, the University is looking at expanding this type of training along a continuum of learning and to include a larger number of health care professional students from social work, human ecology, dentistry, kinesiology and dentistry.

As well, as a result of the project, Riverview, St. Boniface and Deer Lodge day hospitals are well positioned as three emerging collaborative learning environments. "These are sites that are already teaming and have the readiness and skill sets to take on teams of student learners." The long range goal of Health Canada, Grymonpre says, is to provide this type of training to an increasing number of clinical teams.

Seven Core Competencies of Collaborative Patient-Centred Practice

• conflict resolution
• communication
• flexibility
• understanding the roles and responsibilities of different health professions
• team dynamics
• leadership
• shared goal-setting

Each study in collaborative patient-centred practice, Grymonpre says. As of October 1, she was appointed to a brand new position: Co-ordinator for the University of Manitoba Interprofessional Education Initiative.

A study that brought students from different health care disciplines together so they could learn about collaborative patient-centred practice has concluded at Riverview Health Centre.

For nearly three years, Riverview, in partnership with the University of Manitoba, participated in a national Health Canada-funded initiative called Interprofessional Education for Collaborative Patient-Centred Practice. In total, Health Canada invested $23 million in 20 projects across the country designed to advance this concept.

Collaborative patient-centred practice promotes the active participation of multiple health care disciplines and professions in clinical decision-making. It also fosters respect for the contributions of all providers. Through this practice, there can be improvements in a number of areas, such as patient care and safety, patient satisfaction, access to health care, recruitment and retention of health care providers and communication.

The Riverview study is now complete, reports lead investigator Dr. Ruby Grymonpre, a professor in the Faculty of Pharmacy at the University of Manitoba. Playing a role in the overall project were: 48 clinical team members; 32 students from medicine, nursing, pharmacy, occupational therapy and physical therapy; seven academics; and one PhD student.

Learning to Work Effectively as a Team

Students from the five disciplines participating in the study didn’t just focus on their clinical skills when they came to Riverview for their practicums. They also spent time in groups learning with, from and about each other so that when they become licensed practitioners, they will have the necessary knowledge and training to work effectively as a team in a collaborative patient-centred practice.

Grymonpre says that, traditionally, academics participate in knowledge dissemination with other academics through presenting at conferences or perhaps publishing a paper, without involving decision makers. While she did share her findings by the traditional methods, knowledge translation also happened in other ways. "We went out on a frequent basis and talked to the university administration, the Winnipeg Regional Health Authority, the University of Manitoba Interprofessional Education Initiative. Consequently, the University is looking at expanding this type of training along a continuum of learning and to include a larger number of health care professional students from social work, human ecology, dentistry, kinesiology and dentistry.

As well, as a result of the project, Riverview, St. Boniface and Deer Lodge day hospitals are well positioned as three emerging collaborative learning environments. "These are sites that are already teaming and have the readiness and skill sets to take on teams of student learners." The long range goal of Health Canada, Grymonpre says, is to provide this type of training to an increasing number of clinical teams.

Seven Core Competencies of Collaborative Patient-Centred Practice

• conflict resolution
• communication
• flexibility
• understanding the roles and responsibilities of different health professions
• team dynamics
• leadership
• shared goal-setting

Each study in collaborative patient-centred practice, Grymonpre says. As of October 1, she was appointed to a brand new position: Co-ordinator for the University of Manitoba Interprofessional Education Initiative.

A study that brought students from different health care disciplines together so they could learn about collaborative patient-centred practice has concluded at Riverview Health Centre.

For nearly three years, Riverview, in partnership with the University of Manitoba, participated in a national Health Canada-funded initiative called Interprofessional Education for Collaborative Patient-Centred Practice. In total, Health Canada invested $23 million in 20 projects across the country designed to advance this concept.

Collaborative patient-centred practice promotes the active participation of multiple health care disciplines and professions in clinical decision-making. It also fosters respect for the contributions of all providers. Through this practice, there can be improvements in a number of areas, such as patient care and safety, patient satisfaction, access to health care, recruitment and retention of health care providers and communication.

The Riverview study is now complete, reports lead investigator Dr. Ruby Grymonpre, a professor in the Faculty of Pharmacy at the University of Manitoba. Playing a role in the overall project were: 48 clinical team members; 32 students from medicine, nursing, pharmacy, occupational therapy and physical therapy; seven academics; and one PhD student.

Learning to Work Effectively as a Team

Students from the five disciplines participating in the study didn’t just focus on their clinical skills when they came to Riverview for their practicums. They also spent time in groups learning with, from and about each other so that when they become licensed practitioners, they will have the necessary knowledge and training to work effectively as a team in a collaborative patient-centred practice.

Grymonpre says that, traditionally, academics participate in knowledge dissemination with other academics through presenting at conferences or perhaps publishing a paper, without involving decision makers. While she did share her findings by the traditional methods, knowledge translation also happened in other ways. "We went out on a frequent basis and talked to the university administration, the Winnipeg Regional Health Authority, the University of Manitoba Interprofessional Education Initiative. Consequently, the University is looking at expanding this type of training along a continuum of learning and to include a larger number of health care professional students from social work, human ecology, dentistry, kinesiology and dentistry.

As well, as a result of the project, Riverview, St. Boniface and Deer Lodge day hospitals are well positioned as three emerging collaborative learning environments. "These are sites that are already teaming and have the readiness and skill sets to take on teams of student learners." The long range goal of Health Canada, Grymonpre says, is to provide this type of training to an increasing number of clinical teams.
Knowledge is the Best Medicine

As part of National Patient Safety Week, Riverview Health Centre hosted its first Knowledge Fair in the Thomas Still Auditorium on Thursday, October 2. Even before the official start of the noon to six event, visitors were already gravitating to displays set up by more than a dozen advocacy and support groups participating in the fair.

In keeping with the week’s theme, Knowledge is the Best Medicine: Ask, Talk, Listen, participating in the fair.

During the fair, staff at Riverview took the opportunity to demonstrate the HoverMatt and HoverJack, a patient lifting system that helps people off the floor after a fall. “It’s safe for patient and visitors,” says Ladd, “and it’s safe for staff.”

The Knowledge Fair was also the perfect opportunity to promote infection control and kick off the Centre’s Influenza Prevention Campaign. “We want to sensitize visitors to the role they play in infection control,” says Ladd. “Infection control is a big part of patient safety.”

Response to the displays and presentations was overwhelmingly positive, with many people expressing interest in attending future fairs. “It was very successful,” confirms Ladd. “We hope it will become an annual event.”

Riverview Participates in Hospice & Palliative Care Conference

Riverview Health Centre always plays an active role in Manitoba’s annual Hospice and Palliative Care Conference. This year was no exception. Besides acting as a silver sponsor for the September event, the Centre was well represented by staff who attended both as presenters and participants.

Clinical Nurse Specialist Carole Hamel delivered a presentation on the Pain Assessment in the Cognitively/Communicatively Impaired (PACCI) Tool that Riverview is currently developing. Meanwhile, Pharmacist Rehana Durocher spoke about Opioids in End of Life Care.

The Centre also had a booth at the Conference. “Every year, we take the opportunity to share what we do with those in attendance,” says Laurie Cerqueti, Patient Care Manager on Riverview’s Palliative Care Unit. She explains that, above all, the Conference is an education event that brings forward topics of interest to people who work in hospice and palliative care. Many attendees also work in nursing homes where end-of-life care is an important issue. “It brings people from across the province together to share ideas,” Cerqueti elaborates.

Topics covered included the latest developments in pain control strategies and the results of customer and feedback surveys, research that was partly conducted at Riverview. Other sessions dealt with such issues as supporting staff involved in end-of-life care.

“...you take something away from every session,” says Cerqueti. “Because we have so many staff members attending and we don’t go to the same sessions, we have a lot of information to share among each other when we come back to the Centre.”

She looks forward to being exposed to an even broader array of viewpoints and information when the Manitoba Association joins with the Canadian Hospice and Palliative Care Association to hold a joint national and provincial conference in Winnipeg next year.

Sharing Circle a Successful Service

Four years ago, when Ina Baas-Penner began her job as a Spiritual Care Provider for Riverview Health Centre, she saw the need for a better way to support Aboriginal patients. Baas-Penner researched the possibilities and made contacts in the Aboriginal community. That same fall, in September of 2003, the first of what would become regularly scheduled Sharing Circles was held at Riverview.

Today, the Sharing Circle has grown from a monthly ceremony to a weekly one that is regularly facilitated by the Rev. Canon Murray Still – an Anglican Church Minister and Executive Director of Rupert’s Land Wechetowin Inc. He explains that “...sharing from your heart is the sacred rule of the Circle. Therefore, what is said in the Circle stays in the Circle.” This simple imperative has enabled an environment of support, wisdom and honesty to be fostered and has created that sense of community so often elusive to patients in a hospital setting.

The Sharing Circle has indeed become a vital outlet for the patients it serves. In fact, some of the six to ten participants who regularly attend the Tuesday afternoon Sharing Circle have been attending since 2003 – a sure sign of just how important this outlet has become.

Eventually, says the Rev. Canon Still, the Sharing Circle will continue as it is, creating a community of support for the Aboriginal men and women who live at Riverview Health Centre.

Organizations Represented at the Knowledge Fair

- South Winnipeg Seniors Resource Centre
- Rupert’s Land Caregivers Services
- Independent Living Resource Centre
- Dea Campbell, Safety Officer, Riverview Health Centre
- Betty Scott, Infection Control Nurse, Riverview Health Centre
- Alzheimer Society of Manitoba
- ALS Society of Manitoba
- Canadian Diabetes Association
- Canadian Celiac Association
- Stroke Recovery Association of Manitoba
- M.anita L I Ung A sociatio
- M.S. Society
- Canadian Mental Health Association

A group of patients and residents participate in the Sharing Circle, led by Rev. Canon Murray Still.
Working With You . . . For You!

On September 18 at 2:15 p.m., a Tea was held in the Atrium to celebrate the synergistic relationship between Centre staff and the Foundation.

The Tea was hosted by the Riverview Health Centre Foundation, which seized the opportunity to recognize staff’s central role in Foundation activities.

The theme, Working With You . . . For You, acknowledged that staff members are an important part of fundraising efforts.

To illustrate this point, Val Pauley, Patient Care Manager on 2 West, spoke about the Snoozehlen Cart, a therapeutic tool for clients with severe cognitive impairments that was purchased thanks to a grant from the Foundation. Pauley was joined by Chief Nursing Officer/Director of Patient Care Bert Hack, who described in more general terms the significant role the Foundation plays in allowing the Centre to purchase items above and beyond what are the essential operating funds provided by the Winnipeg Regional Health Authority.

A few of the many ways the Foundation supports the Centre include providing for: specialized equipment; upgrades in technology; education programs for staff; educational and support services for patients, residents and family members; and major facility upgrades. It is only through the Foundation’s financial assistance that the vision of the highest possible quality of life for Riverview Health Centre patients, residents, their families and staff can be realized.

Development Officer Sheldon Mindell then took to the podium, emphasizing the importance of staff to the Foundation’s ability to raise funds. “I spend my day out in the community or on the telephone talking about Riverview Health Centre, trying to raise awareness and/or money,” he explained. “Regardless of their personal health experience, people speak about the staff; it seems that there is always someone on staff who has done something out of the ordinary to make their Riverview experience more satisfying. This makes my job raising funds for Riverview that much easier and, to the staff, I say thank you.”

In appreciation of each staff member’s dedication and hard work, the administration, led by Director of Human Resources Lynda Juskow, distributed Riverview Health Centre blankets.

Social Worker Mardi Baydak enjoys the selection of treats served at staff event.

RRC Honours Bob Brennan

Riverview Health Centre Foundation Chair Bob Brennan has once again been recognized for his outstanding service to the community and province. On May 21, 2008, Red River College (RRC) awarded him an honorary degree at its spring convocation.

As the President and Chief Executive Officer of Manitoba Hydro, Brennan recently spearheaded the construction of the Crown corporation’s new building on Portage Avenue, a move seen as key to the revitalization of downtown Winnipeg. At the same time, Manitoba Hydro continues to nurture an enduring relationship with Red River College through everything from providing scholarships to hiring RRC graduates to contracting the college to provide training for Hydro employees.

Along with his professional achievements, Brennan has an impressive record of community service. He has served as past Chair of the Riverview Health Centre Foundation’s Executive Director.

Guenter Bormann and Christidane Laengin view the donor wall during a break in the festivities at the donor appreciation event.

Honouring Donors and Circle of Life Members

On October 16, the Riverview Health Centre Foundation held an evening of appreciation to honour its distinguished donors and its Circle of Life members. Guests enjoyed a dinner catered by Canad Inns and were serenaded by pianist Michelle Gregoire, who played throughout the evening. The event was emceed by Sheldon Mindell, the Foundation’s Executive Director.

During the formal part of the event, Sheldon Mindell, Development Officer at the Foundation, spoke about planned giving and thanked people for thinking about Riverview Health Centre when making their donation decisions.

As well, changes on the donor wall were unveiled, including the addition of donors’ names who have reached $100,000 in cumulative giving, as well as donors who have moved to a new category of giving.

This year, a new panel was added to the donor wall to honour Circle of Life members. These are donors who have made the decision to make a planned gift to the Foundation.

Guenter Bormann and Christidane Laengin view the donor wall during a break in the festivities at the donor appreciation event.

Foundation Contributors

Contributions to the Riverview Health Centre Foundation help the Centre to meet community needs by providing funding for new equipment, special services, updated facilities, innovative programs, research and education that are above and beyond the Centre’s day-to-day operations. Donations can be made to the Foundation as memorial gifts, honoreums, or to commemorate special occasions and important milestones.

In Memory or in Honour Of

Gifts were received for the following people from June 1/08 to Nov. 15/08:

<table>
<thead>
<tr>
<th>Name</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Isabel Amos</td>
<td></td>
</tr>
<tr>
<td>Allan Anderson</td>
<td></td>
</tr>
<tr>
<td>Mary Anderson</td>
<td></td>
</tr>
<tr>
<td>Shirley Antonik</td>
<td></td>
</tr>
<tr>
<td>Constance (Cennie)</td>
<td></td>
</tr>
<tr>
<td>Apuley</td>
<td></td>
</tr>
<tr>
<td>Florence A Aretin</td>
<td></td>
</tr>
<tr>
<td>Norah Bailey</td>
<td></td>
</tr>
<tr>
<td>Margaret Beegs</td>
<td></td>
</tr>
<tr>
<td>Viola Bingham</td>
<td></td>
</tr>
<tr>
<td>Louis Boulanger</td>
<td></td>
</tr>
<tr>
<td>Marcin Bourguin</td>
<td></td>
</tr>
<tr>
<td>Bobby Brown</td>
<td></td>
</tr>
<tr>
<td>Warren Brown</td>
<td></td>
</tr>
<tr>
<td>William (Bill) Brownescombe</td>
<td></td>
</tr>
<tr>
<td>Georgette Bruneteau</td>
<td></td>
</tr>
<tr>
<td>Pamela Butchard</td>
<td></td>
</tr>
<tr>
<td>Edna Christie</td>
<td></td>
</tr>
<tr>
<td>Robert E. Clements</td>
<td></td>
</tr>
<tr>
<td>Judy Anne Coughan</td>
<td></td>
</tr>
<tr>
<td>Sybile de Jong</td>
<td></td>
</tr>
<tr>
<td>Irene Debord</td>
<td></td>
</tr>
<tr>
<td>Matthew Demoule</td>
<td></td>
</tr>
<tr>
<td>Gordon Drewre</td>
<td></td>
</tr>
<tr>
<td>Joan Ellis</td>
<td></td>
</tr>
<tr>
<td>Jacqueline Epp</td>
<td></td>
</tr>
<tr>
<td>Harvey Fiebelkorn</td>
<td></td>
</tr>
<tr>
<td>Signidur Firth</td>
<td></td>
</tr>
<tr>
<td>Larry Fasty</td>
<td></td>
</tr>
<tr>
<td>Ella Foxon</td>
<td></td>
</tr>
<tr>
<td>John Bernhard Friesen</td>
<td></td>
</tr>
<tr>
<td>Mike Goodman</td>
<td></td>
</tr>
<tr>
<td>Richard (Ricky) Graves</td>
<td></td>
</tr>
<tr>
<td>Kamini Grover</td>
<td></td>
</tr>
<tr>
<td>Marie Hopland</td>
<td></td>
</tr>
<tr>
<td>Collin Hicks</td>
<td></td>
</tr>
<tr>
<td>Jack Hicks</td>
<td></td>
</tr>
<tr>
<td>Edith Hirsch</td>
<td></td>
</tr>
<tr>
<td>Tonia Hisrich</td>
<td></td>
</tr>
<tr>
<td>Conaid Hoddinott</td>
<td></td>
</tr>
<tr>
<td>Lorne Hudson</td>
<td></td>
</tr>
<tr>
<td>Penny Hudson</td>
<td></td>
</tr>
<tr>
<td>Gary Hunter</td>
<td></td>
</tr>
<tr>
<td>Fran Ivey</td>
<td></td>
</tr>
<tr>
<td>Edward Jackson</td>
<td></td>
</tr>
<tr>
<td>Henrj Henzen</td>
<td></td>
</tr>
<tr>
<td>Singin Eularone</td>
<td></td>
</tr>
<tr>
<td>Johann Klassen</td>
<td></td>
</tr>
<tr>
<td>Jay Laar</td>
<td></td>
</tr>
<tr>
<td>Alfred Landry</td>
<td></td>
</tr>
<tr>
<td>Anna Lang</td>
<td></td>
</tr>
<tr>
<td>Irene Libe</td>
<td></td>
</tr>
<tr>
<td>Arlene Lovijo</td>
<td></td>
</tr>
<tr>
<td>Ernest Marcicshuk</td>
<td></td>
</tr>
<tr>
<td>Donald Marten</td>
<td></td>
</tr>
<tr>
<td>Dorothy McAuley</td>
<td></td>
</tr>
<tr>
<td>Beverly McKay</td>
<td></td>
</tr>
<tr>
<td>Beryl Mclillian</td>
<td></td>
</tr>
<tr>
<td>Shirley McNauthen</td>
<td></td>
</tr>
<tr>
<td>Ila Mabry</td>
<td></td>
</tr>
<tr>
<td>Alfred (Al)Ciahad</td>
<td></td>
</tr>
<tr>
<td>Donalda Miller</td>
<td></td>
</tr>
<tr>
<td>Edward Miller</td>
<td></td>
</tr>
<tr>
<td>William Roy Miller</td>
<td></td>
</tr>
<tr>
<td>Joe &amp; Rose Mindel</td>
<td></td>
</tr>
<tr>
<td>Donald Mowor</td>
<td></td>
</tr>
<tr>
<td>Evelyn Mzroop</td>
<td></td>
</tr>
<tr>
<td>Michael Murray</td>
<td></td>
</tr>
<tr>
<td>Andris Nagy</td>
<td></td>
</tr>
<tr>
<td>Miredl Norquay</td>
<td></td>
</tr>
<tr>
<td>Victoria Osborne</td>
<td></td>
</tr>
<tr>
<td>Joan O’jien</td>
<td></td>
</tr>
<tr>
<td>Ed O’zuni</td>
<td></td>
</tr>
<tr>
<td>Marvin Penn</td>
<td></td>
</tr>
<tr>
<td>Wes Piche</td>
<td></td>
</tr>
<tr>
<td>Desmond Pitts</td>
<td></td>
</tr>
<tr>
<td>Raymond Poirtas</td>
<td></td>
</tr>
<tr>
<td>Sophie Pomeranerki</td>
<td></td>
</tr>
<tr>
<td>Gal Pound</td>
<td></td>
</tr>
<tr>
<td>Carolynne Presser</td>
<td></td>
</tr>
<tr>
<td>Dorothy Emanuel randall</td>
<td></td>
</tr>
<tr>
<td>Isabell Raiman</td>
<td></td>
</tr>
<tr>
<td>Mairie Raimon</td>
<td></td>
</tr>
<tr>
<td>Henry C. Rempel</td>
<td></td>
</tr>
<tr>
<td>Darr Ruff</td>
<td></td>
</tr>
<tr>
<td>H. Leonard Sawatzky</td>
<td></td>
</tr>
<tr>
<td>Martha Shaw</td>
<td></td>
</tr>
<tr>
<td>Margaret Shieki</td>
<td></td>
</tr>
<tr>
<td>Edward R. (Ted) Siddall</td>
<td></td>
</tr>
<tr>
<td>Morris &amp; Doris Silver</td>
<td></td>
</tr>
<tr>
<td>Everett Smallwood</td>
<td></td>
</tr>
<tr>
<td>Adefine Isidr Smith</td>
<td></td>
</tr>
<tr>
<td>Isabell Rae Smith</td>
<td></td>
</tr>
<tr>
<td>Kathryn Sothern</td>
<td></td>
</tr>
<tr>
<td>Leneone Valois</td>
<td></td>
</tr>
<tr>
<td>Joe Vidgut</td>
<td></td>
</tr>
<tr>
<td>Wimifred Volkart</td>
<td></td>
</tr>
<tr>
<td>Frances Wlley</td>
<td></td>
</tr>
<tr>
<td>Leslie Wlly</td>
<td></td>
</tr>
<tr>
<td>Aamphile Wtso</td>
<td></td>
</tr>
<tr>
<td>William Wleake</td>
<td></td>
</tr>
<tr>
<td>Sheila Whyte</td>
<td></td>
</tr>
<tr>
<td>Debbie Zack</td>
<td></td>
</tr>
</tbody>
</table>
A Garden Grows at Riverview Health Centre

Riverview Health Centre’s newly created garden is a parterre, created exclusively for the patients who reside in Units A81 and A82. Parterre is a French term that translates as “on the ground” and describes a level area containing patterned ornamental beds with low-growing plants enclosed in dwarf hedges and paths between the beds.

Historic parterres can be found at the Château de Versailles in France and at Kennington Palace in London, England. Revival of the parterre can be seen in the restoration of historic gardens in Williamsburg, Virginia, and at the Annapolis Royal Historic Gardens in Nova Scotia, visited annually by hundreds of visitors.

The private garden basks in a sheltered, sunlit space that is in harmony with the surrounding landscape.

The parterre has a long tradition in the eastern regions of Canada and the United States, where it was introduced (albeit on a smaller and more practical scale) by early settlers who imitated the garden style that was common in England and France in the late 17th and early 18th century. Settlers brought seed, bulbs and roots from the old world and planted them in combination with native plants and herbs, as well as vegetables such as tomatoes and potatoes supplied by traders returning from excursions to Central and South America.

Although more formal in design than the urban gardens we are familiar with, the modern version of the parterre need not be complicated. A parterre today can encompass simplicity of design or complex geometry. Balance, proportion and symmetry, however, characterize the parterre. Other essential considerations when plotting a parterre garden include:

- a level surface
- precise planning in creating a fine design of lasting quality
- enclosure within a fence or neatly trimmed hedge
- selection of plants based on their growth habit, colors and textures
- a focal point such as a fountain
- symmetry or asymmetry in the overall plan so as to create a sense of rhythm and order

A very pleasing and satisfying garden design is deepened in history and one that can be appreciated as a whole when viewed from the windows of Units A81 and A82. Riverview’s parterre will delight the senses of residents, their families and staff.

Charity Golf Classic Raises Funds for Wanderway Upgrade

A ribbon-cutting ceremony held on October 7th recognized all those involved with the Frank Wade and Vince Boschman Annual Charity Golf Classic.

At the ceremony, golfers, sponsors and Riverview Health Centre and its Foundation celebrated the re-opening of the renovated wanderways near the Centre’s Special Needs Unit. The renovations were made possible by funds raised through past Charity Golf Classic events.

The wanderways are very important in the lives of patients with Alzheimer disease, dementia and special needs. These scenic paths allow patients to safely enjoy the outdoors in the company of family members and staff.

The design of the renovated wanderways was completed by landscape architects Scatliff + Miller + Murray, led by Cheryl Dixon. Included in the design are gardens called parterres (see article at left), which add a peaceful, natural element to the wanderway for all users to enjoy.

The 2008 Charity Classic

This year, the Charity Golf Classic was held on August 28 at the St. Boniface Golf Club and raised over $40,000 for rehabilitation programs at Riverview.

In its 6th year, the event started with lunch, followed by an enjoyable afternoon of golf in a Texas scramble format. The dinner was emceed by long time supporter Laurie Mustard, who called up the Foundation’s Executive Director, Sandra Stewart, to introduce Dr. Daryl Perry. He gave a presentation on his work and the recently opened Neuromuscular Electrodagnostic Clinic located in Riverview’s Day Hospital.

“Dr. Perry’s presentation was well-received,” says Sheldon Mindell, Development Officer at the Foundation. “Golfers and sponsors were able to see how their generosity benefits rehabilitation projects at the Centre.”

A fun part of this year’s Golf Classic was the auctioning off of a special prize. “Dinner with the Minister of Healthy Living.” The lucky winner, Lorellee Perry, will invite a friend to have dinner with the Honourable Karri Irvin-Ross at WOW Hospitality’s premier facility, 529 Wellington.

Thanks to this year’s major sponsors:

- Manitoba Hydroy
- Franklin Templeton Investments
- Canad Inns
- RBC Asset Management
- 400 Management Group
- Weiss & Weiss Real Estate Consultants
- Point B
- Shelter Canadian Properties Ltd
- Saper Agencies Ltd

For information about next year’s event, contact Melissa Lysak at 982-4069 or check the website at www.thecharityclassic.com.
For the past nine years, the Winnipeg Seasonal Lights Bus Tours has been a regular stop on the City of Winnipeg’s Festival of Lights. In Insign Architectural Signage, the Lighting Ceremony held on November 26 drew a large crowd of spectators to view the initial illumination of the big tree and the many sculptures on the grounds. These seasonal decorations warm up Riverview’s grounds for its residents and patients from December through February. As well, the Centre serves a second helping of the joyful atmosphere inspired throughout the city have enjoyed through the programming and therefore the quality of life for Riverview residents and patients.

The Foundation thanks the following sponsors for their generous support of this event:

- Manitoba Hydro
- EECOL Electric Ltd.
- J. Hansen & Son Ltd.
- John Miller & Sons Ltd.
- Fort Rouge Auto & Plate Glass
- Grand & Toy
- Gunn’s Bakery
- Greg Thompson Wealth Management Solutions
- RBC Dominion Securities
- Insign Architectural Signage
- CUPE 500

**Marigold Makes a Difference**

The name “Marigold” was inspired by Riverview Health Centre’s donor wall on October 16 during the annual Donor Recognition Event. This tribute marks a milestone in a tradition of giving that started seven years ago at one of the company’s golf tournaments.

Marigold’s owners, The Wos, family, launched the tournament in the 1990s as a fun event for staff. Then in 2001, a sponsor donated a high end golf bag and the family organized a last minute putting contest to give it away. “We decided any money raised would be donated to charity,” recalls David Woo, Director of Operations. “At that time, my grandma was at Riverview so we chose to donate the proceeds to the Centre. It wasn’t much, but as my dad says, ‘Every little bit helps.’”

A for the success of the putting contest, the Wos decided to include other small fundraising events at their annual tournament. The family also established some basic guidelines to determine where to direct the proceeds.

“First, the charity had to help people,” explains Woo. “Second, we believe in supporting our community. The Riverview area is a great neighbourhood in which to live and do business.”

He points out that although Marigold has six locations in the city, the majority of participants in the tournament have been either friends of the family or customers that frequent the Osborne restaurant. “It was an easy decision for us to choose Riverview Health Centre,” says Woo. In fact, the Centre has been the company’s recipient of choice since 2004.

The Centre’s donor wall recognizes those who have contributed $1000 or more to the Riverview Health Centre Foundation, with a donation raised from the Poppy Trust Fund. The donation will go towards Foundation projects.

**Poppy Trust Fund Donation**

- $12.5
- $25
- $50
- $75
- $100
- $150
- $200
- $250
- $300
- $350
- $400
- $500
- $750
- $1000
- $5000
- $10000
- $25000
- $50000
- $100000
- $250000
- $500000
- $1000000
- $2500000
- $5000000
- $10000000
- $25000000
- $50000000
- $100000000
- Other

**Yes! I/We want to support Riverview Health Centre**

- My/Our gift to the Foundation is:
- $125
- $250
- $500
- $1000
- $2500
- $5000
- $10000
- $25000
- $50000
- $100000
- Other

- I/We enclosed a cheque payable to:
- Riverview Health Centre Foundation
- 1 Morley Avenue, Winnipeg, MB R3L 2P4

- I/We prefer to use a credit card:
- Visa
- Mastercard

- Card No
- Expiry Date
- Signature

- I/We would like to learn more about Memorial & Tribute giving or making a Planned Gift.

Receipts will be issued for donations over $10. Charitable Registration # 11893 7853 RR0001

Thanks for your generous support of the Riverview Health Centre Foundation!

**Bill Arron (L) and Diane Arron (R) of the Royal Canadian Legion, Fort Garry Branch (No. 90), present Sandra Stewart, Executive Director of the Riverview Health Centre Foundation, with a donation raised from the Poppy Trust Fund. The donation will go towards Foundation projects.**

**Riverview Health Centre Foundation News**

**Poppy Trust Fund Donation**

- My/Our gift to the Foundation is:
- $125
- $250
- $500
- $1000
- $2500
- $5000
- $10000
- $25000
- $50000
- $100000
- Other

- I/We enclosed a cheque payable to:
- Riverview Health Centre Foundation
- 1 Morley Avenue, Winnipeg, MB R3L 2P4

- I/We prefer to use a credit card:
- Visa
- Mastercard

- Card No
- Expiry Date
- Signature

- I/We would like to learn more about Memorial & Tribute giving or making a Planned Gift.

Receipts will be issued for donations over $10. Charitable Registration # 11893 7853 RR0001

Thanks for your generous support of the Riverview Health Centre Foundation!

**Bill Arron (L) and Diane Arron (R) of the Royal Canadian Legion, Fort Garry Branch (No. 90), present Sandra Stewart, Executive Director of the Riverview Health Centre Foundation, with a donation raised from the Poppy Trust Fund. The donation will go towards Foundation projects.**

**Yes! I/We want to support Riverview Health Centre**

- My/Our gift to the Foundation is:
- $125
- $250
- $500
- $1000
- $2500
- $5000
- $10000
- $25000
- $50000
- $100000
- Other

- I/We enclosed a cheque payable to:
- Riverview Health Centre Foundation
- 1 Morley Avenue, Winnipeg, MB R3L 2P4

- I/We prefer to use a credit card:
- Visa
- Mastercard

- Card No
- Expiry Date
- Signature

- I/We would like to learn more about Memorial & Tribute giving or making a Planned Gift.

Receipts will be issued for donations over $10. Charitable Registration # 11893 7853 RR0001

Thanks for your generous support of the Riverview Health Centre Foundation!

**Bill Arron (L) and Diane Arron (R) of the Royal Canadian Legion, Fort Garry Branch (No. 90), present Sandra Stewart, Executive Director of the Riverview Health Centre Foundation, with a donation raised from the Poppy Trust Fund. The donation will go towards Foundation projects.**

**Yes! I/We want to support Riverview Health Centre**

- My/Our gift to the Foundation is:
- $125
- $250
- $500
- $1000
- $2500
- $5000
- $10000
- $25000
- $50000
- $100000
- Other

- I/We enclosed a cheque payable to:
- Riverview Health Centre Foundation
- 1 Morley Avenue, Winnipeg, MB R3L 2P4

- I/We prefer to use a credit card:
- Visa
- Mastercard

- Card No
- Expiry Date
- Signature

- I/We would like to learn more about Memorial & Tribute giving or making a Planned Gift.

Receipts will be issued for donations over $10. Charitable Registration # 11893 7853 RR0001

Thanks for your generous support of the Riverview Health Centre Foundation!

**Bill Arron (L) and Diane Arron (R) of the Royal Canadian Legion, Fort Garry Branch (No. 90), present Sandra Stewart, Executive Director of the Riverview Health Centre Foundation, with a donation raised from the Poppy Trust Fund. The donation will go towards Foundation projects.**
When 86-year-old Ed Taylor’s health began to catch up with him and he could no longer pursue his interests regularly, his son suggested he record his memoirs. Taylor heeded the advice and began to record his life story onto tape. Surprisingly, what began as a fun project quickly flourished into a popular book and a successful fundraiser for Riverview Health Centre. Ed Taylor was born and raised in the Riverview area and has witnessed its many changes over the years. From the beginning of the neighbourhood to the war years and the 1956s flood, Ed has seen it all. His 17 page memoir, A Glimpse of the last 85 Years, details his memories and comes complete with photos of what the community once looked like, including images of Morley Street under water.

The response to Ed’s book has been positive from the start, so much so that he decided to take a copy to the Oakwood Café. Peter Paley, long-time owner of the neighbourhood restaurant, was impressed. He offered to sell Ed’s book on his behalf, with all proceeds going to Riverview Health Centre. Ed had expected to sell the book for $5 each - enough to break even when covering printing costs. But Peter suggested $15 per book so that $10 of each sale could be donated to the Centre.

As more and more people are finding out about the book in this tightly knit community, it is becoming difficult to keep it in stock. Many area residents are even buying multiple copies to share with family who have moved away. Says Taylor, “My wife and I can’t believe the number of people who have enjoyed the book, but more than that, we are impressed with what it has done.”

Those interested in buying a copy of Riverview: A Glimpse of the last 85 Years can visit the Oakwood Café at 4-660 Osborne Street South. The book proceeds go to Riverview Health Centre.

Neurology Staff Compete in Kenora Triathlon

On a rainy July 20, 2008, three members of Riverview’s Neurology Department participated in the triathlon in Kenora. Kristyn Hadder and Susanne Boyd, both Physiotherapists, ran the Sprint Triathlon, and Andrea Bellamy, an Occupational Therapist, competed in the Try-a-Tri.

All three Riverview Staff fared well in their respective events. Bellamy came in 17th in the Try-a-Tri. Hadder came in 12th in her category in the Sprint Triathlon, while Boyd placed 4th in her’s. This was Bellamy’s second time doing the Kenora triathlon. “The weather was the worst you can imagine,” says Bellamy, “My runners were soaked just riding on the bike, the puddles were so huge!” Despite the heavy rains and ongoing thunderstorms, a total of 198 athletes participated in the various events, an increase of 15 from the year previous.

Triathlon training can be as formal and stringent as desired. Because the races involve some combination of running, cycling, and swimming, some participants follow a rigorous exercise guideline as desired. The others, particularly those in the Try-a-Tri (which is just as it sounds – a shorter version of some of the other races), tend to adopt a more laid back approach to race preparation.

For all three Riverview participants, most of the training occurred outside of work and, in the case of Bellamy, was fairly informal. But for Kristyn Hadder and Susanne Boyd, race preparation was a bit more regulated, including consistent swim, bike and running practice, with Bird’s Hill Park often being used as a training ground. Currently, there are no plans to start a formal triathlon training club at Riverview Health Centre. “But,” says Bellamy, “...the interest is out there to stay involved in events, and there are enough people to do training together if they want to!”

Employee Recognition Event Celebrates Long Service Milestones

Seventy-six Riverview employees were applauded for achieving long service milestones on November 6 at an event held in their honour. Congratulations to the following individuals:

35 Years
Catherine Williams-Stewart

25 Years
Richard Dabrowski
Margaret Kaczely
Leonora Malik
Philip Malinsky
Lourdes Mary
Linda Nobiis
Antonella Vachio
Karen Weiss

20 Years
Elizabeth Budney
Judith Burr Cavenagh
Armando Cruz
Gemma Dabu
Corona Foronda
Barbara Hooper
Anita Jacques
Merwyn Kitt
Robin Orieza
Brad Penner
Epitacio Ramos
Juanita Rubiano
Liana Spratt
Gabriella Szilvasi
Marilyn Tailor
Teresita Tweten
Tina Whittom
Pat Zabonik

15 Years
Maija Duque
Maresha Dweyer
Marie Feldschen
Rhonda Kowolly
Eleanor Parent
Robert Popoff
Michelle Priezley
Catalina Soriano
Bogumila Szczepaniak
Cheri-Lyn Voth

10 Years
Margaret Agner
Keri Arthur
Maureen Bellows
Merna Bleder
Askale Bihon
Carol Bjornson
Carlos Carillo
Felipomea Cruz
Melda De Leon
Vincenta Ferrer
Chris Gagne
Oscar Gajes
Leilanie Gordina
Geraldine Gordon
Bobby Haspenflug
Eugenia Katcheva
Celea Limon
Teresa M alcidom
Stefica Marigts
Milam Martin
Steven O’Gorman
Rob Pliantin
Erlnfa Quintana
Marilyn Reyes
Frances Rosenberg
Hardayal Rukhra
Elizabeth Salonga
Julia Sorita
Haregu Tedla
Peggy Thompson
Angela Torbila
Michelle Vien
Wendy Yorke
Izabelia Zadarnowska

Celebrating 30 YEARS OF SERVICE to Riverview Health Centre are (L-R): Joanne Procyshyn, Dorothy McBride, Vincenta Ashton and Melinda Barr. Missing from the photo is Catherine Hill.
The Honourable Israel Nşıkman Fund Awarded to: Careen Henderson

Careen has worked as an RN at Riverview for over nine years and is pursuing her Bachelor of Nursing degree part time from the University of Manitoba. Always seeking new knowledge, Careen aims to better her practice through both formal and informal education. She expects to graduate in 2010.

The Jean Cummings Bursary Awarded to: Theresa Dybka

Theresa has worked at Riverview as a float nurse since September 2003. She received her CNA certification in gerontology in April 2007 and chose to return to school in December 2007 to obtain her Bachelor of Nursing degree as a way of keeping current. She hopes to graduate within five years. By strengthening her leadership and communication skills with further education, Theresa feels she will be better prepared to mentor others.

Riverview Health Centre Foundation Family Education Bursaries

These awards are given to assist children of long standing employees with the advancement of their post-secondary education in health care or support services work.

Family pairs, from left to right:

Ross Caisley and Heather Caisley

Heather is a Respiratory Therapist with 31 years of service. Her son, Ross, is currently working towards his Education degree at the University of Winnipeg.

Vanessa Tweten and Tessie Tweten

Tessie is a Clerical Partner on 3 West with over nine years of service. Her daughter, Vanessa, is currently working towards obtaining a degree at the Asper School of Business at the University of Manitoba. Vanessa is interested in Human Resources and Management of Organizations.

Dale Hamel and Carole Hamel

Carole is a Clinical Nurse Specialist with 17 years of service. Her son, Dale, started University 1 at the University of Manitoba in September and hopes to become a university professor one day.

Tammy Trinh and Long Thi Dang

Long Thi is a Health Care Aide currently working on AB1 with 18 years of service. Her daughter, Tammy, is currently working towards obtaining a degree at the Asper School of Business at the University of Manitoba with a focus on Human Resources and Marketing.

Riverview Hosts Iceland’s Minister of Health

Riverview Health Centre was delighted to have the opportunity in June to host Iceland’s Minister of Health, Gudlaugur Thor Thordarson, and Atlimundsson, the Consul General of Iceland stationed in Manitoba.

Welcoming these dignitaries to the Centre were Greg Arason, Chair of the Centre’s Board, Neil Bardal, Foundation Board Member, and Dr. John Bond, Manager of Research and Advisor: Research and Applied Learning. The Minister’s tour was arranged and led by Sandra Stewart, Riverview’s Volunteer Services, explains that this new free service is intended to help families to keep in touch, even from afar. And, while patients themselves will not be able to email back, they will hopefully feel supported by their remote loved ones in a more concrete way.

Canine Visitors

Bow wow, trick or treat! These three lovely pet therapy visitors (Roxy, Sydney and Willow) were welcomed by patients, residents & visitors on Halloween at Riverview Health Centre.

E-Greetings Coming to Riverview

Riverview Health Centre is adding an exciting communications option to its website just in time for the holidays. As of early December, patients and residents at the Centre will be able to receive e-mail greetings from family and friends anywhere worldwide.

The program, much like its counterparts on other hospital websites, will allow users to write an email to their loved one and send it to Riverview. The confidential email (sans attachments and pictures) will be printed off by Volunteer Services and will be hand-delivered to the patient usually by the following business day.

Kim Wark, Coordinator of Volunteer Services, explains that this new free service is intended to help families to keep in touch, even from afar. And, while patients themselves will not be able to email back, they will hopefully feel supported by their remote loved ones in a more concrete way.

Canine Visitors

Bow wow, trick or treat! These three lovely pet therapy visitors (Roxy, Sydney and Willow) were welcomed by patients, residents & visitors on Halloween at Riverview Health Centre.

Canine Visitors

Bow wow, trick or treat! These three lovely pet therapy visitors (Roxy, Sydney and Willow) were welcomed by patients, residents & visitors on Halloween at Riverview Health Centre.

Riverview Health Centre is a 388-bed extended care facility catering to the needs of the elderly and rehabilitation patients. For more information about our programs and services, please contact the President at:

Riverview Health Centre
One M Oriley Avenue
Winnipeg, Manitoba, R3L 2P4
Phone: (204) 452-3411
Fax: (204) 287-8718
E-Mail: enquiries@rhc.mb.ca
Website: www.rhc.mb.ca

Riverview Health Centre Foundation
388-bed extended care facility catering to the needs of the elderly and rehabilitation patients.

Island’s Minister of Health

Iceland’s Minister of Health, Gudlaugur Thor Thordarson, was impressed with the facility and staff expertise. He also took a special interest in the Centre’s Museum, as heritage and culture are very important to Icelanders.

It was a pleasure to be able to show Riverview’s world-class programs and facilities to this new friend.

These awards are given to assist children of long standing employees with the advancement of their post-secondary education in health care or support services work.

Family pairs, from left to right:

Ross Caisley and Heather Caisley

Heather is a Respiratory Therapist with 31 years of service. Her son, Ross, is currently working towards his Education degree at the University of Winnipeg.

Vanessa Tweten and Tessie Tweten

Tessie is a Clerical Partner on 3 West with over nine years of service. Her daughter, Vanessa, is currently working towards obtaining a degree at the Asper School of Business at the University of Manitoba. Vanessa is interested in Human Resources and Management of Organizations.

Dale Hamel and Carole Hamel

Carole is a Clinical Nurse Specialist with 17 years of service. Her son, Dale, started University 1 at the University of Manitoba in September and hopes to become a university professor one day.

Tammy Trinh and Long Thi Dang

Long Thi is a Health Care Aide currently working on AB1 with 18 years of service. Her daughter, Tammy, is currently working towards obtaining a degree at the Asper School of Business at the University of Manitoba with a focus on Human Resources and Marketing.

E-Greetings Coming to Riverview

Riverview Health Centre is adding an exciting communications option to its website just in time for the holidays. As of early December, patients and residents at the Centre will be able to receive e-mail greetings from family and friends anywhere worldwide.

The program, much like its counterparts on other hospital websites, will allow users to write an email to their loved one and send it to Riverview. The confidential email (sans attachments and pictures) will be printed off by Volunteer Services and will be hand-delivered to the patient usually by the following business day.

Kim Wark, Coordinator of Volunteer Services, explains that this new free service is intended to help families to keep in touch, even from afar. And, while patients themselves will not be able to email back, they will hopefully feel supported by their remote loved ones in a more concrete way.

Canine Visitors

Bow wow, trick or treat! These three lovely pet therapy visitors (Roxy, Sydney and Willow) were welcomed by patients, residents & visitors on Halloween at Riverview Health Centre.

Riverview Health Centre is a 388-bed extended care facility catering to the needs of the elderly and rehabilitation patients. For more information about our programs and services, please contact the President at:

Riverview Health Centre
One M Oriley Avenue
Winnipeg, Manitoba, R3L 2P4
Phone: (204) 452-3411
Fax: (204) 287-8718
E-Mail: enquiries@rhc.mb.ca
Website: www.rhc.mb.ca

Riverview Health Centre Foundation
388-bed extended care facility catering to the needs of the elderly and rehabilitation patients.

Island’s Minister of Health

Iceland’s Minister of Health, Gudlaugur Thor Thordarson, was impressed with the facility and staff expertise. He also took a special interest in the Centre’s Museum, as heritage and culture are very important to Icelanders.

It was a pleasure to be able to show Riverview’s world-class programs and facilities to this new friend.

These awards are given to assist children of long standing employees with the advancement of their post-secondary education in health care or support services work.

Family pairs, from left to right:

Ross Caisley and Heather Caisley

Heather is a Respiratory Therapist with 31 years of service. Her son, Ross, is currently working towards his Education degree at the University of Winnipeg.

Vanessa Tweten and Tessie Tweten

Tessie is a Clerical Partner on 3 West with over nine years of service. Her daughter, Vanessa, is currently working towards obtaining a degree at the Asper School of Business at the University of Manitoba. Vanessa is interested in Human Resources and Management of Organizations.

Dale Hamel and Carole Hamel

Carole is a Clinical Nurse Specialist with 17 years of service. Her son, Dale, started University 1 at the University of Manitoba in September and hopes to become a university professor one day.

Tammy Trinh and Long Thi Dang

Long Thi is a Health Care Aide currently working on AB1 with 18 years of service. Her daughter, Tammy, is currently working towards obtaining a degree at the Asper School of Business at the University of Manitoba with a focus on Human Resources and Marketing.